

# Man charged after city centre night club attack



A 25-year-old man has been charged with assault at a nightclub on George Street.

The 22-year-old victim suffered serious facial injuries in Opal Lounge on the early hours of Sunday August 13 and was taken to St John's Hospital in Livingston.

Officers have thanked the public for their assistance with their investigation.

The accused will appear at Edinburgh Sheriff Court on February 7.

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## Numbers of those using gyms in Edinburgh growing

Gordon Macdonald MSP has welcomed the fact that those using gyms in Edinburgh has grown by 70% since 2007, and 10% in the last three years.



Gordon Macdonald MSP

Since the 2014 Commonwealth Games there has been an overall increase of 36% in the numbers using public fitness facilities across the country, according to membership figures provided by gym providers across 22 Scottish local authorities.

Mr Macdonald who is MSP for Edinburgh Pentlands noted the figures sourced from a Freedom of Information request and said

: “It is fantastic that Edinburgh Leisure has seen an increase in its membership since 2007 and a 10% increase since we hosted the 2014 Commonwealth Games.

“This rise in gym goers in Edinburgh is testament to the SNP Government’s commitment to investing at a school, community and national level to create a Scotland where people are more active more often.

“The SNP’s increasing investment not only in sport and fitness, but also in areas such as nursery education and childcare are helping to break down the barriers that prevent many people from increasing their levels of physical activity.

“As the country takes steps towards becoming the world’s first Daily Mile nation, and as we approach the Gold Coast Commonwealth Games as well as the Glasgow 2018 European Championships – I hope we can continue to inspire more Scots to make fitness a priority in 2018.”

More about the Scottish Government’s policy Active Scotland Outcomes Framework is [here](#).

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## New photography exhibition at Creative Exchange

A new photography exhibition opening on 15 January 2018 features contemporary portraits shot in the style of historical paintings.

The photographer, Leesa Tulloch, is a graduate of Edinburgh College. Tulloch was born in Calcutta but has also lived in Ayrshire, London and Cape Town.



The photographs on display have already won her an award as

she received the British Institute of Professional Photography College Award last year.

Leesa said: "The inspiration for this work comes from childhood memories of paintings by English and Flemish Masters. My aim was to reunite history with memories of the sitter to create unique and beautiful portraits. Studying at Edinburgh College allowed me to experiment and develop my own photography style, which runs throughout the Remains of the Past exhibition.



"Having my work recognised by the BIPP was a great accolade and I'm excited to have an opportunity to share it with the public."

Remains of the Past is open from 9am-5pm, Monday to Friday, from 15 January to 8 February at Creative Exchange (29 Constitution Street, EH6 7BS).

# Ice hockey – Capitals up for Fife challenge



Capitals in action earlier this season against Guildford Flames

Jock Hay hopes to get some players back from illness and injury in time for Saturday's Elite League trip to Kirkcaldy (face-off 7.15pm).

The former Murrayfield Racers legend was disappointed only to earn one point from last weekend's double-header with basement rivals Dundee Stars.

Hay, a former Great Britain international, was pleased with the effort shown by his squad, particularly as it was so depleted.

However, he wants the squad to move the puck quicker. If they do then opposition teams, he argues, will not be able to set themselves up defensively.

Hay believes that if the players exhibit that level of concentration and commitment that they showed last weekend then improved results will follow.

Fife are coming off a 7-0 thrashing in the Challenge Cup quarter-final, second-leg at Belfast Giants on Tuesday.

But Todd Dutiaume's men have won their last seven league games and have already logged 6-2 and 10-1 wins over Capitals at The

Fife Ice Arena this term.

They are third in the highly-competitive, 12-strong division with 42 points from 28 games.

In contrast, Capitals have seven points from 32 outings and have lost their last 14 league fixtures.

It's a massive gap but Hay and the squad are up for the challenge.

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## Hearts Sign Man Utd Defender



Hearts have moved to bring Manchester United left back Demetri Mitchell on loan until the end of the season.

The 20-year-old England youth internationalist has made just one first team appearance for the Red Devils but is likely to be named in Craig Levein's squad for the William Hill Scottish Cup tie against Hibernian at Tynecastle on Sunday week.

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## Hearts Recall Youngtsters as Lafferty is Ruled Out of Cup Tie



Hearts have called back some of their young players who have been on loan at various clubs during the last few months.

Head Coach Craig Levein takes his first team squad to Spain tomorrow for a five-day winter break where they will play a couple of closed-door friendlies.

Levein has called back Harry Paton – who has made a considerable impression at Stenhousemuir – Dario Zanatta (Raith Rovers); Marcus Godinho (Berwick Rangers) and Callum Morrison (Stirling Albion). The youngsters, minus the injured Morrison who has scored 10 goals for Albion in Ladbrokes League Two this season, will leave with the first-teamers to warmer climes tomorrow.

Levein told the official Hearts website: “We’ve brought some of our loan players back to the club, so we can assess them and see how they’ve progressed.

“Some will travel to Spain with us, so it will be useful to see them first hand in training and in the friendly matches.

“It may be that a few of them go back out on loan later in the month, but we’ll make that call in due course.”

Meanwhile, striker Kyle Lafferty has lost his appeal against his red card, received in the goalless draw at Aberdeen, meaning the Northern Ireland internationalist will miss Hearts next two games – including the William Scottish Cup tie against Hibernian at Tynecastle on 21st January.

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## Thousands Buy Christmas Trees

# For People In Need



Scottish politicians promoting  
Caring Christmas Trees at Scottish  
Parliament

Now that Christmas is over, the streets of Edinburgh are strewn with discarded Christmas trees. However, when the festive period began in November, thousands of shoppers bought Christmas trees for homeless people after an annual fundraiser encouraged Scots to think differently about Christmas trees last year.

Bethany Christian Trust sold more than 3,000 Caring Christmas trees to people across the central belt. Customers included residents and local businesses in Edinburgh and the Lothians, Fife and Glasgow. This raised a remarkable £40k for homeless people in Scotland with the funds going directly towards the charity's Care Shelter and other winter projects. The Care Shelter provides a hot meal and a safe place to sleep for folk who have nowhere to go during the winter months.

Iain Gordon, Chief Executive at Bethany Christian Trust said: "Hundreds of people had somewhere warm and dry to spend Christmas. Thanks to the incredible generosity of people who bought a Caring Christmas tree, Bethany can support and care for people who would otherwise have been sleeping rough over the festive season. We are immensely grateful to everyone who bought a tree in 2017."

Commenting on the success of this year's programme Susan Smith, Project Coordinator at Bethany Christian Trust, said: "I am delighted about the response from Christmas shoppers and their commitment to purchase with purpose last Christmas. Every Caring Christmas Tree purchased with help someone in need this winter, so I am pleased that we were able to sell

over 3,100 trees across Scotland.”

Established in 1983, Bethany Christian Trust supports over 7,000 people across Scotland. The charity’s services focus on preventing homelessness as well as alleviating the suffering of people who are homeless.

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## **Simon Howie & Gary Maclean Create New Haggis Recipes**



Ahead of Burns Night, the producer of the UK’s number one selling haggis, Simon Howie, has teamed up with Scotland’s new national chef, Gary Maclean to create new recipes for Scotland’s national dish.

Maclean, a self-proclaimed haggis lover, was a finalist on the BBC TV show MasterChef: The Professionals. Working with haggis supremo Simon Howie, they have created three exciting new recipes to include crispy fried haggis, haggis burgers and haggis Yorkshire puddings.

Haggis may be Scotland’s national dish, but sales south of the border have grown significantly in recent years – Simon Howie now sells nearly half of its haggis outside of Scotland.

Howie commented: “Haggis is such an iconic dish here in Scotland and is growing in popularity south of the border too, in fact almost half of our haggis sales are outside Scotland. We know families up and down the country will be celebrating Robert Burns’ birthday with haggis on or around 25 January,



and we wanted to offer some new ideas on how to enjoy our national dish beyond the well-loved classic of haggis, neeps and tatties. And who could be better than Scotland's very own national chef to come up with some inspiring new ideas for our national dish? We hope people have fun creating and sharing the dishes. We think Rabbie would approve!"

Scotland's national chef, Gary Maclean, commented: "I absolutely love haggis. I've really enjoyed working with Simon Howie to create a few twists on our national dish. I have to say, I'm pretty excited about my Yorkshire pudding stuffed with haggis for something totally different plus a haggis burger recipe, sure to be such a crowd pleaser. I've also included what has really become a signature dish for me, and the one that got me through to the finals of MasterChef: The Professionals, my crispy fried haggis."

Simon Howie, the family butcher, will be sampling some of their delicious, bestselling haggis on the run up to Burns night at the Morrisons in Edinburgh's South Gyle on 14th January and Morrisons in Portobello on 16th January.

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## Death announced of Provost Adam Montgomery

Midlothian Council Provost, Councillor Adam Montgomery has died suddenly after a short illness.



Provost Montgomery would often be seen walking in the countryside

around Penicuik  
with his beloved  
dog, Talbot,  
pictured on left.

## **The Labour Councillor represented Penicuik for over 31 years on both Lothian Region and Midlothian councils.**

Midlothian Council Leader, Councillor Derek Milligan said: "It is with huge sadness that I have to announce Adam's death. Adam was not only a Labour colleague but a great friend.

"During his three decades as a councillor, he worked tenaciously both for local people in his ward and the wider community in his role as Provost.

"His experience, commitment, warmth and enthusiasm and indeed his dry sense of humour will be greatly missed.

"Our sincere condolences go to his wife Karen and three children, Scott, Mairi and Ross."



Provost Montgomery  
served as a councillor  
for three decades

Edinburgh's Lord Provost, Frank Ross, said: "I was saddened to hear the news of Provost Montgomery's passing. A long-standing elected member for more than 30 years and my counterpart in Midlothian, he was well-respected by many in local politics and across Scotland. On behalf of everyone in Edinburgh, our thoughts are with his family, friends and colleagues at this difficult time."

As a mark of respect, the flag at Midlothian Council is flying at half-mast.

Cllr Montgomery, who also has three grandchildren, was originally from Ayrshire. However, he lived in Penicuik, which he said was in his “heart and soul” for 36 years.

## **Council Leader for four years**

During his service, Cllr Montgomery who was Council Leader from 2003 to 2007, took great pride in the council’s affordable homes building programme. He was also involved in decisions to build new schools and refurbish buildings, including Penicuik Town Hall.

A keen Kilmarnock football supporter, Cllr Montgomery coached Eskmill Boys Team football club in Penicuik. He also served on Broomhill Day Centre Management Committee in the town.

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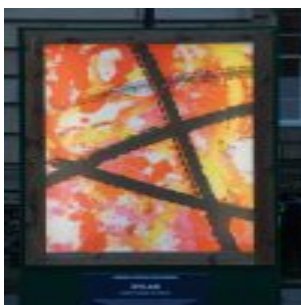
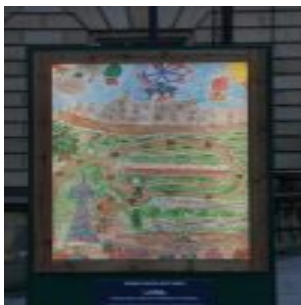
## **Edinburgh’s Christmas is biggest yet**

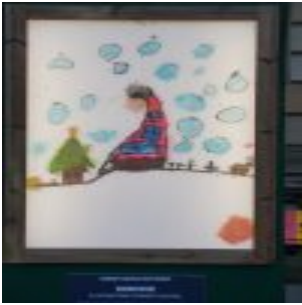
**We don’t know about Rudolph but this will go down in history as the biggest Christmas celebration yet in Edinburgh.**

Underbelly have been running Edinburgh’s Christmas for five years now and this year 781,520 tickets were sold showing an increase of 13% on last year. With discounts for those with an

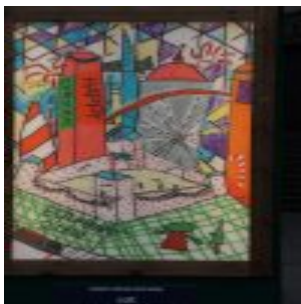
EH postcode locals bought 9% more tickets than they did in 2016 with 142,333 booked in this manner.

The works created by school pupils who competed in Winter Windows were shown off to better advantage this year in Parliament Square, Kirkgate Plaza, Craigmillar Library, Drumbrae Library and at Wester Hailes Westside Plaza, allowing many more to enjoy the works.









There was a Giant Advent Calendar projected onto the facade at General Register House and The Ice Adventure was quite spectacular (if a little chilly!)



La Clique Noël provided outstanding adult entertainment at the Famous Spiegel tent on Festival Square featuring fire-breathing

sword swallowing and quite literally breathtaking music and acts, this was a show not to be missed.



©Ian Georgeson

**Charlie Wood and Ed Bartlam, Directors, Edinburgh's Christmas said:** "What another bumper year with record tickets sales and more locals than ever engaging in Edinburgh's Christmas. In our fifth year of producing the event, we were delighted to introduce some great new attractions, most especially the Ice Adventure which transported visitors into an historical and mythical Scottish winter wonderland.

"We are especially proud of the extension of Winter Windows out of the city centre and into local communities and of the introduction of Edinburgh's Giant Advent Calendar – both entirely free attractions that help spread Christmas joy across the city."

**Edinburgh's Lord Provost, Frank Ross said:** "Edinburgh's Christmas was a real show-stopper, with more tickets sold than ever before, a welcome rise in the number of Edinburgh residents enjoying their local discount, and people from 47 countries flying in to experience the city's rides, attractions and everything the city has to offer.

"In its fifth year, Edinburgh's Christmas certainly remains one of the UK's favourite winter destinations. Today's figures prove the Festival continues to attract record numbers of visitors and supports footfall to the city centre – providing a welcome boost to our local economy while bringing everyone together to enjoy Edinburgh in winter. A huge well done to everyone involved."

**John Donnelly, Chief Executive, Marketing Edinburgh said:** "Edinburgh's Christmas 2017 offering exceeded expectations and



has proven incredibly popular with visitors and residents alike. To have the city recognised as hosting the UK's best Christmas Market was a huge highlight. The expansion of the event's footprint, stretching it from General Register House at the East End of Princes Street to Festival Square, was particularly successful in encouraging people to further explore the city centre's shops, bars and restaurants."

**Roddy Smith, Chief Executive of Essential Edinburgh said:** "We are delighted that Edinburgh's Christmas continues to go from strength to strength, with the numbers of both visitors and locals enjoying all that the festive season in the city can offer up again this year.

"The Edinburgh's Christmas celebration, which is supported by Essential Edinburgh, is recognised throughout the world as making Scotland's Capital the place to be at this time of year, driving footfall, trade and opportunities for our retail and hospitality sectors in particular at this vital trading time."



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## Theatre – The Play That Goes Wrong



The Play That Goes Wrong | Festival Theatre | 12 – 17 March 2018

DISCLAIMER – The Edinburgh Reporter accepts no liability for injuries sustained through audiences laughing themselves in to apoplectic stupor.

Creator of the 'Art Of Coarse' series, Michael Green, defined a Coarse Actor as one whom whilst having a pathological aversion to leaning his actual lines, can time the pauses with utter professionalism – he has much to answer for. 'Unbelievable, unprecedented, unique, jaw-dropping' – just some of the superlatives extracted from 2017 critics under threat of being invited to review the 2018 tour.

Never has ambiguity been exploited so far and by so much. Never has the hallowed thespian ethos been so challenged. Never have the piteous cries of 'Never again come and wreak havoc on our theatres!' been so plaintively uttered. But still they come.

Undaunted, irrepressible ever putting the cathartic before the hoarse voiced throngs begging them to shuffle-off their mortal coils out of mercy for humanity.

Causing further chaos nationwide, Olivier Award winning West End literally smash-hit comedy TPTGW is back again.

Co-written by Mischief Theatre company members Henry Lewis, Jonathan Sayer and Henry Shields, The Play That Goes Wrong is a highly physical comedy packed with finely-tuned farce and Buster Keaton inspired slapstick delivered with split-second timing and ambitious daring. The play introduces The 'Cornley Polytechnic Drama Society' who are attempting to put on a 1920s' murder mystery, but as the title suggests, everything that can go wrong... does, as the accident prone thespians battle on against all the odds to get to their final curtain call.

"Why would all these regional theatres want a return visit of

our little murder mystery show when last year's tour went so badly wrong. I am at a loss to understand it." Producer, Kenny Wax

[Tickets here](#)

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# Congratulations Professor Martin Tangney!

Edinburgh resident, biofuel and sustainability expert Professor Martin Tangney has been awarded an honorary Officer of the Most Excellent Order of the British Empire (OBE).



The Queen makes honorary awards to non-British citizens on the advice of the UK Foreign Office. The Edinburgh Napier University-based scientist, who hails from County Cork in Ireland, joins a select list of previous Irish recipients that includes F1's Eddie Jordan and the Hollywood actor Pierce Brosnan.

Professor Tangney received his Honorary OBE for services to engineering and energy.

The award-winning innovator is best known for developing a process to convert the residues of the whisky industry into an advanced sustainable biofuel called biobutanol (a direct replacement for petrol) – not only providing a sustainable disposal route for the by-products of one of the country's largest industries, but also integrating renewable fuel production with environmental sustainability and carbon reduction.

He said: "This is an incredible honour that came very much out of the blue and I am humbled to be in the company of some outstanding Irish people who have received an Honorary OBE.

"An honour of this magnitude reflects far more than I could accomplish as an individual and I am very grateful to the many people who have guided and shaped my career, and me as a person, over the years which has resulted in this tremendous recognition."

Prof Tangney is a key figure and prominent international speaker in the renewable energy sector and he has actively informed the policy debate around the world.

He joined Edinburgh Napier University in 2000, and in 2007 he established the UK's first research centre dedicated to the development of sustainable biofuel. The Biofuel Research Centre has achieved international prominence as a portal for the assimilation, integration and dissemination of knowledge and information across national and international academia, industry and Government.



Professor Tangney is a recipient of the Institute for Chemical Engineers International Award of "Innovator of the Year" for his work – an innovation he is now commercialising as the Founder and President of Celtic Renewables Ltd.

The young University spinout company has achieved global recognition and in 2015 was named the "Most Innovative Biotech SME in Europe" at the parliament in Brussels. The ground-breaking company made international headlines last year when an ordinary hire car was driven for the first time powered with the fuel Prof Tangney developed. The new fuel could become a direct replacement for petrol or diesel, and can even be used to make jet fuel.

Dr Mark Hanniffy, Consul General of Ireland in Scotland, said:

“I am delighted for Martin on this recognition of his work, which is richly deserved. He is a highly regarded figure in both the academic and the business communities in Scotland, and his work exemplifies the tremendous contribution that the Irish diaspora is making here”.

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## Retailers facing toughest period for some time



Pre-Christmas shopping in London

The British Retail Consortium have announced that High Street spending in the run up to Christmas increased at the slowest rate since 2012.

Rising prices saw shoppers choosing to spend on essential items such as food.

Non-food sales experienced a dramatic slump with a decrease of 1.9 per cent on a like-for-like basis and 1.4 per cent on a total basis, the lowest since March 2009.

Global valuation and leading corporate finance advisors feel this could be a foretaste of a tougher than expected 2018 for UK retailers.

Phil Duffy, managing director of Duff and Phelps, said: “Many retailers will blame weather conditions on the fall in spending.

“The fact of the matter is that consumers have cut back on spending of large-ticket items.

“This could be a direct consequence of an income squeeze as a result of slow wage growth trailing behind inflation.

“Add into this mix the recent interest rate rise and therefore the increased cost of borrowing, and consumers are facing further pressure on household budgets.”

He added: “The UK High Street could be facing into the toughest trading period for some time and retailers will need to adapt to remain competitive.”

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## **GDPR could impact on your business**



A typical presentation at a breakfast meeting hosted by Midlothian and East Lothian Chamber of Commerce. This one was at The Mercat Grill at Whitecraig. Picture by Nigel Duncan Media

What does General Data Protection Regulation (GDPR) mean to you?

Well, any company, big or small, will have to comply with new regulations from 25 May.

They regard the secure collection, storage and usage of personal information. Violations will be met with fines.

The legislation has been introduced to encourage companies across the European Union to think seriously about data protection.

But, be ware if you think you can ignore it as GDPR also comes

with harsh penalties.

And individuals can sue you for compensation to recover both material damage and non-material damage, like distress.

Although the UK has voted to leave the European Union, UK business will still have to comply with new regulations if the data they handle is about EU citizens or has the potential to identify individuals within the EU.

Midlothian and East Lothian Chamber of Commerce focus on GDPR at their first breakfast meeting this year.

The date is Thursday, 25 January from 8am to 10am at the EH15 Restaurant at Edinburgh College. The address is 24 Milton Road East, Edinburgh.

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## Mountain festival features top adventurers



Mountain festival expected to draw thousands

Epic journeys are the key focus of the 15th Edinburgh Mountain Film Festival on 3 and 4 February at the George Square Theatre, Edinburgh.

Kite-surfing across the Greenlandic ice cap, paddling through the Amazon in a self-made dugout canoe and various self-powered journeys around the world form some of the intriguing stories to be discovered.

The festival combines the best mountain and adventure films

with presentations from some of the world's top adventurers.

Home-talent is represented by Mark Beaumont who recently broke the world record for cycling round the globe.

Sarah Outen MBE, whose London2London: Via the World expedition saw her loop the planet using a rowing boat, bike and kayak, a journey of 25,000 miles that took over four years.

The festival, in association with Tiso Mountain Equipment, Alien Rock and Wilderness Scotland, also welcomes English crack-climber Pete Whittaker and American mountaineer Kelly Cordes who known for his bold ascents in Patagonia.

The festival will also screen almost 20 adventure films, covering epic journeys by bike, kayak canoe and kite-assisted skis, as well as documenting scary climbs, swimming with orcas, epic mountain biking and sketchy ski descents down some of the steepest mountain faces in Scotland.

Tickets start at £8 and are on sale now at [www.emff.co.uk/](http://www.emff.co.uk/) and Festival Director Stevie Christies said: "The films that have made the final selection are fantastic."

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## Indoor hockey – Edinburgh duo in Euro squad



Scotland's women head for Brussels looking for promotion to the top flight of European indoor hockey

Two Edinburgh club players are included in the Scotland squad in the EuroHockey Indoor Championship II in Brussels from



January 19-21.

Louise Campbell of Edinburgh University and Emily Newlands (Watsonians) are included along with experienced Vikki Bunce who was on target for English cracks Beeston in the Jaffa Super 6s event in Bristol last weekend.

Dundee-born Bunce lines up alongside her former Dundee Wanderers team-mate Emily Dark in attack.

Another rising star, Katie Stott, also features as does Emma McDiarmid while Alison Eadie and Louise Campbell add experience.

Chris Anderson's squad is determined to secure promotion to the top European division of women's indoor hockey.

But they face tough competition against Wales, Belgium and Croatia in Pool B.

Pool A features Austria, Sweden, Lithuania and England competing and the top two from each pool will play for promotion places while the bottom two fight relegation.

Dundee-based coach Anderson said: "We have selected an exciting group of talented young players blended with quality senior players with a lot of indoor experience.

"We know that every game will be difficult but the squad is looking forward to the challenge."

Scotland: Carmin Dow, Emily Dark (Dundee Wanderers), Susan Al-Haddad (Hillhead), Emily Newlands (Watsonians), Katie Stott, Susan Hamilton (Grove Menzieshill), Catriona Booth, Emma McDiarmid (Western Wildcats), Alison Eadie, Frances Lonergan (Clydesdale Western), Louise Campbell (Edinburgh University), Vikki Bunce (Beeston)

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# Textile design competition



The exterior of New Lanark

The general public, design students and existing designers are invited to enter a competition to celebrate the opening of London's Fashion and Textile Museum's Artist Textiles Picasso to Warhol exhibition at New Lanark from 26 January.

Textile production and innovation has been the continuous thread throughout New Lanark's history and the one-time largest cotton manufacturer in Scotland now produces over 60 shades of high-quality woollen yarn using historic textile machinery.

The exhibition traces the history of 20th century art in textiles including prints of work by Salvador Dali, Henri Matisse, Pablo Picasso and Andy Warhol.

The design competition is to commission a special New Lanark textile print to incorporate into a new range of promotional merchandise which will be sold exclusively within the New Lanark Mill Shop.

The textile print should be an all over repeat pattern that embodies the theme of living and working at New Lanark.

This theme can incorporate a number of topics such as the village's social history and industrial heritage, textile production, New Lanark's unique architecture, natural surroundings and the Falls of Clyde.

Entrants are encouraged to be inspired by conducting their own research into New Lanark by visiting the village or viewing content at [www.newlanark.org](http://www.newlanark.org) , [www.instagram.com/NewLanark](https://www.instagram.com/NewLanark) and

[www.facebook.com/NewLanark](http://www.facebook.com/NewLanark)

A spokesman said: "In conjunction with the Year of Young People 2018, New Lanark would be particularly interested to see entries from aspiring designers and young creatives and, as such, have designated an under-16 prize category.

"Entries are encouraged to be as creative as possible, whilst keeping in mind the commercial viability of the design and its appeal to New Lanark visitors including international tourists, visitors from elsewhere in Scotland and the local community."

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## Hearts Confirm Walker Departure



As expected, Jamie Walker has left Hearts to sign a two-and-a-half-year deal with English League One club Wigan Athletic.

Walker, 24, progressed through Hearts youth academy and made his debut for the Maroons in August 2012.

He would go on to make 181 appearances for Hearts, scoring 40 goals.

Both Hearts and Wigan Athletic have stated the fee to take Walker south is 'undisclosed'; however, the Edinburgh Reporter understands the fee is just short of £300,000.

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# Donations from fast-food staff

McDonalds' teams at the Newbridge and Corstorphine have worked together to donate money and food for the Edinburgh Food Project.



It distributes to food banks across the central Edinburgh area.

The crew placed festive wrapped boxes into the restaurant for anyone who wanted to be involved to add their donations of food to.

As well as this, the teams raised £250 for the food bank through fundraising events.

Laura Doherty, People Manager, who has helped to organise the fundraising said: "We are really happy to have donated 787.9kg of food and £250 to the Edinburgh Food Project.

"We were thrilled to hear this is the biggest donation they received in December and are keen to work with the project in the New Year."

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## Award for start-up businesses

Entrepreneurs and new businesses in Edinburgh are being urged to enter the search for Scotland's Start-up of the Year.

Virgin Startup10: Scotland is open to start-up businesses and entrepreneurs and prizes including mentoring and support from

a leading Scottish law firm.

✖ The photo shows Jackie Waring, the founder and CEO of Investing Women and leader of Scotland's only all-female business angel group

• Leah Hutcheon – the founder and CEO of Appointedd, an Edinburgh-based tech company revolutionising the way bookings are made online

The top ten finalists will be shortlisted in February and recognised as Virgin StartUp's 10 Scottish ambassadors.

The overall winner will be revealed at an awards ceremony in March and Paul Wheelhouse, Scottish Government Minister for Business Innovation and Energy, said: "Scotland has a proud tradition of entrepreneurship.

"Today, we have the highest number of registered businesses recorded in Scotland since records began, an impressive achievement which is largely driven by the success of our small business start-ups. This is a trend that we would like to see continue."

To find out more and submit an entry, visit [www.virginstartup.org/10-scotland](http://www.virginstartup.org/10-scotland) The closing date for entries is 5 February 2018.

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## Ice hockey – coach thanks Capitals fans

✖ Action from Murrayfield this season. Capitals against Devils courtesy of

Ian Coyle

Michael D'Orazio has praised Edinburgh Capitals success-hungry fans for their support.

He also thanked his squad for their efforts in the 2-1 overtime defeat at Murrayfield by Dundee Stars.

Capitals also lost 7-4 on Tayside to Dundee after being 4-3 ahead but emerged with a point from the weekend thanks to the 1-1 draw at the end of normal time at Murrayfield.

Dylan Anderson equalised after 25 minutes after Stars' player/coach Omar Pacha had fired his side ahead 15 minutes earlier.

Capitals, however, have lost their last 14 games and have seven points from 32 fixtures.

They trail second-bottom Dundee, who have won their last three games, by 18 points and Stars have played a game less.

Milton Keynes Lightning are in tenth position with 27 points from 33 fixtures.

D'Orazio, who is co-coach to Capitals as well as being captain, admitted the club were short-benched because of a flu bug and injuries.

They drafted in some of Capitals Scottish National League side to bolster the bench and the co-coach said: "I was proud of the guys (at Murrayfield against Dundee). We were short-benched and just came up short."

He added: "As usual, thanks to the fans for your unconditional support. Positive support is contagious."

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# Indoor hockey – promotion is our aim says Neave



Luke Cranney named in Scotland's indoor squad for the EuroHockey Championships in Cyprus. Picture by Nigel Duncan Media

Five Edinburgh club players are included in a new-look Scotland indoor squad determined to win promotion from the third tier of European hockey in Cyprus from Friday.

Gavin Byers, an experienced outdoor international, skips a squad shorn of current international players who are preparing for the Commonwealth Games in Australia later this year.

Gordon Amour (Edinburgh University) plus Patrick Christie (Inverleith), who are both senior internationals, are included along with set-piece expert Josh Cairns (Kelburne).

And former Inverleith goalkeeper, Kirkcaldy-born Allan Dick, who now plays for top English club, Southgate, is also included after an absence from the international arena along with highly-rated Western Wildcats stopper, Gavin Somerville.

Scotland face hosts Cyprus and Greece on the opening day before going head-to-head with Slovakia and Belarus on day two and then Slovenia and Wales on the final day.

Kinross-based head coach Stuart Neave, who coaches Inverleith in domestic hockey, said the squad includes players from eight different clubs.

He added: "Selection was not easy and the fact that the tournament is round-robin with six matches in three days will provide a stern test of the squad's fitness and stamina.

"However, I believe we have a group of players capable of

achieving our targets.”

Scotland: Gordon Amour (Edinburgh University), James Carnegie and Gavin Byers (capt, Grove Menzieshill), Josh Cairns (Kelburne)

Patrick Christie and Ewen Mackie (Inverleith), Luke Cranney and Callum Milne (Grange), Allan Dick (Southgate), Elliot Sandison and

Fergus Sandison (Dundee Wanderers), Gavin Sommerville (Western Wildcats).

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## Church may have the answer for those with money troubles

If money is a source of stress, new free sessions run by the local church might be an answer to your prayers.

A new, eight-week course will start on 23 February 2018, to give people the confidence and decision-making skills to live well, look after themselves and feel positive, even on a low income.



It will be run by Mustard Seed Edinburgh, a recently established missional church operating from St Margaret's Episcopal Church on Easter Road in the heart of Edinburgh. This is the only church in the city trained with charity Christians Against Poverty to offer CAP Life Skills and it works in partnership with other churches across the city that offer other CAP services.

Mark Harris from Mustard Seed Edinburgh said: “It's a series



of lovely, relaxed sessions. We'll be looking at lifting the pressure to spend and sharing some great practical tips to help us take control of our money and make it go further. We'll also be doing a big section on making good food so we can help our families stay healthy on a budget. Later on in the course, we'll spend some time looking at healthy relationships – as these have a big impact on how we treat our finances.”

Rich Cornfield, the Pioneer Priest at Mustard Seed Edinburgh, added “Most of all, it will be time to share what works and what doesn't, both as a group and one-to-one, and give each other encouragement to do the things that work best in our own situations. It will be some of those key things you wished they had taught you at school, but didn't.”

During the pilot course, one attendee said the best thing about CAP Life Skills was: “Making new friends, learning about money and making good plans.”

Christians Against Poverty is a charity that gives free help to everyone regardless of age, gender, faith or background. Started 20 years ago, it first offered debt counselling and now offers a range of help to tens of thousands of people in hardship across the UK every year.

To find out more:

Call Mark on 07519 268800 or email [markharris@caplifeskills.org](mailto:markharris@caplifeskills.org) or Call Rich on 07966165043 or email [richard@mustardseededinburgh.org](mailto:richard@mustardseededinburgh.org)

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# Will Scottish tourism run out of steam this year?

## Will 2018 be the year Scottish tourism runs out of steam?



Jacobite Steamer, Glenfinnan viaduct.

[Roelof Nijholt](#)

[by John Lennon](#), [Glasgow Caledonian University](#)

Fancy a trip to Scotland? You certainly won't be the only one. With apologies for blowing our own bagpipes, Scotland offers a winning combination of world-class scenery, dynamic cities and beautiful islands – not to mention value for money, [relative safety](#) and a unique history. All from one small nation on the edge of western Europe, the offering is genuinely hard to beat.

Despite the unsettled backdrop of Brexit and an increasingly insecure world, Scottish tourism is [performing incredibly well](#) against its competitors – [outpacing growth](#) in the rest of the UK, for example. Employing some 219,000 people and generating £1.4 billion in economic activity, growth in visitor numbers [has been](#) about 16% since 2013.

The sector has benefited from new air routes like Glasgow-Toronto and Edinburgh-Washington DC; the hosting of iconic events like the 2014 [Ryder Cup](#) and [Commonwealth Games](#); and significant investment in the country's infrastructure, such as the new [Forth bridge](#).

Tourism across Scotland and elsewhere in the UK has also made gains from the big decline in the value of sterling against major currencies – not least the [euro](#) and [US dollar](#). The UK is far more affordable to many tourists from key international markets than it was before the Brexit vote.

Yet despite all these positives, my strong impression is that the Scottish industry is gazing over a cliff. In the immediate term, there are a number of areas of concern.



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[Gideon Ikigai](#)

## Tartan turbulence?

Scotland, like the UK as a whole, is a [net importer](#) of food. Hoteliers and food and beverage operators are going to have to move their prices up because their margins are going to be attacked. Talk to anyone in the hospitality world and they will tell you about food price inflation already well in excess of the 4-5% [reported](#). The time has to be coming when tourists will find the pound in their pocket going less far.



Foodie haven: Ashton Lane, Glasgow.

[kaysgeog](#), [CC BY-SA](#)

Many international visitors will be able to take the price hike. Many domestic tourists will not because they are being squeezed in two ways: [low wage growth](#) and gathering inflation at the same time.

What does this mean? As we move through January, February, March, expect to see more liquidations in the tourism industry; more businesses going to the wall, particularly the highly leveraged ones.

Another issue is labour: Scottish tourism and hospitality

relies on a supply of migrant workers, and the country is [already bleeding](#) EU nationals. The availability of labour working in the sector is [becoming acute](#) and will continue into 2018. Productivity is going to become more and more of an issue, and it will do the country's reputation no good if the quality of service dips.

## City spotlight

Edinburgh is a huge tourism success, it's a top international destination and it achieves the highest hotel occupancy rates. The castle is bulging, with 1.7m [potential paid visitors](#) this year. The city's famous international arts festival was another [huge success](#) in 2017 and there is now a Christmas festival which runs through to the first week of January.

Detractors may talk about over-tourism, but Edinburgh isn't full 100% of the year yet: [hotel occupancy was](#) 83% in 2017, only three points up on five years ago. Glasgow occupancy is [not far](#) behind, but the two cities could arguably work better to spread the benefits of tourism across the central belt, to try and get more tourists out of the cities and into rural areas.

Rover rail tickets allowing unlimited midday rail travel between Edinburgh and Glasgow would be a good idea, as would cooperation on accommodation supply and transport during the festival and Hogmanay. There is also an argument for spinning these out to places like [the borders](#), which hasn't enjoyed the same type of success.

In Dundee to the northeast, the [V&A Museum of Design](#) should be nothing short of transformational when it opens later this year. The whole city is [upping its game](#), with [new hotel stock](#) going up and [fewer](#) free retail units than there used to be. Dundee is a hidden gem and because of its proximity to St Andrews, there's potential for a twin offering because they are so contrasting.





Dundee's Tay Bridge.

[Stuart Anthony](#), [CC BY-SA](#)

One to watch for the future is Paisley, which recently [suffered](#) the disappointment of missing out to Coventry on the UK City of Culture bid for 2021. I've worked with Hull since 2006, three years before [it failed](#) in its first attempt to become UK City of Culture in 2013. Its successful second bid for 2017 learned a lot from that first failure: you get valuable feedback; it informs your ethos.

Paisley has huge potential and should compete again. The local Renfrewshire council has made a [commitment](#) to do a lot of regeneration work, [including](#) a new cultural quarter with an arts complex: Paisley has some fine buildings and institutions from its wealthy past as a textiles centre, so it has great potential.

Hull isn't Manhattan now but it has improved significantly, and a renewed Paisley will do no harm to Scottish tourism over the next few years – hopefully echoing the transformation in neighbouring Glasgow after it was [European City of Culture 1990](#), following which it [became](#) much more open to working with the rest of the west of Scotland.

In short I worry but I also see reasons for optimism. The

outlook for Scottish tourism suggests that the sector will continue to see gains. But uncertainty about Brexit will inevitably cast a shadow over demand, and the whole industry will struggle from rising prices and labour shortages. It will take more than Brexit to wreck Scotland's great assets, of course, but this coming year promises to be the most challenging for tourism for some time.

[John Lennon](#), Assistant Vice-Principal and Director of the Moffat Centre for Travel and Tourism Business Development, [Glasgow Caledonian University](#)

This article was originally published on [The Conversation](#). Read the [original article](#).

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## Jamie Maclaren joins Hibs on loan until the end of the season.



Jamie Maclaren has joined Hibs on loan until the end of the season.

The striker, 24, signs from Bundesliga II side SV Darmstadt 98, and has met up with the squad at their winter training base in the Algarve.

Jamie was born in Melbourne and is an Australian internationalist with 5 caps to his name, having previously represented Scotland at under 19 level.

Jamie told Hibs Media: "I am delighted to be joining Hibernian

for the rest of the season.

“I’ve spoken to the manager and he has high hopes for the second half of the season, and hopefully I can contribute to that.

“It’s a big few months for me personally with the World Cup on the horizon, so I’m very motivated to get some goals and hopefully force my way into the final squad for Russia.”

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## Dr Bell’s repositions itself for the New Year

The board at Dr Bell’s Family Centre is very pleased that they have secured funding for a new project called ***Breaking Barriers for Families in Leith.***

This new project will be delivered with support from their partners at [Home-Start](#), Multi-Cultural Family Base ([MCFB](#)) and [Edinburgh NE Foodbank](#).



Sarah Gunn Chair of the Dr Bell’s Board

The funding is made available to the charity under the umbrella of the Aspiring Communities Fund, a partnership between the Scottish Government and the European Social Fund, and it will address issues around poverty and inequality experienced by families with young children living in Leith.

This is something that the staff Dr Bell’s know a lot about. It is their raison d’être after all. Last year they lost a considerable amount of funding previously paid to them by the council and they have been searching for new ways to allow



them to continue their good work.



Ben Macpherson MSP with Centre Manager Anna Templeton and Chair Sarah Gunn at the launch of the new project

There were politicians and members of the board along with some of the people who benefit from the work that Dr Bell's does at the launch of the new project in December. The food was (as ever) great – put this café on your list of places to go for a hearty plate of soup and a scone!



The Edinburgh Reporter had a moment or two with Sarah Gunn who is Chair of the Dr Bell's Board.

She has been a Trustee for Dr Bell's since November 2012, joining the Board as Treasurer and then Chair from November 2015. Sarah is a Chartered Accountant and has been working in the Third Sector for 30 years: working with Down's Syndrome Scotland, St Giles Cathedral and Westminster School.

Much of her experience has been on the financial support for charities and she is full of admiration for the dedication and motivation of her colleagues in delivering projects to support local communities as well as national causes; often with only a small amount of funding. She is particularly dedicated to Dr Bell's aims of supporting families in Leith who face disadvantage. She has three children and is very keen to apply her skills towards every child having the same opportunities to thrive in life.

Sarah told us about the new ***Breaking Barriers for Families in Leith*** scheme : “For this project we will be employing a development worker who starts in January. She will be getting out into the community, meeting agencies and third sector organisations who are working with families experiencing

'multi-deprivation'.

"The data zones that The Scottish Government wants agencies to work with are those areas around Dr Bell's Family Centre. So the development worker will visit schools and health centres. She will work closely with The Trussell Trust who operate the food banks in the area and also supporting the agencies already using our facilities here."

Due to financial constraints, and cuts in funding from some of their big supporters, Dr Bell's had gone back to our core activities this year. Sarah continued : "We reduced our services in the creche from five days to three days this year. We revisited the aims and objectives of why the centre was set up ten years ago.

"We all know that statutory funding will be decreasing year on year, so we were preparing ourselves for looking at other sources of income. We were able to maintain those core services three days a week. We were financially sustainable and it gave us time to reflect on where we wanted to be.

"The fact that we have a childcare facility in the same place as rooms offering other services is key. Most families that we are working with now are families who face difficulties for a number of reasons but who may not be on the poverty line."

The new project will be run on a referral basis with Dr Bell's partner organisations, but some families may refer themselves for help and assistance.

Families using the services may be experiencing domestic violence, poverty including the need to use food banks, but the needs and problems are many and varied.

Sarah Gunn continued : "We look at the whole family. We are trying to facilitate the benefit for the whole family and we hold support groups here for whole families. Children can be cared for in the creche while we help parents for example.

One of the mainstays of their work is the building they rent from Port of Leith Housing Association who have been most generous to the charity and who have assisted them through the last year when they experienced difficulties.



Ben Macpherson MSP spoke to the assembled audience about Dr Bell's

Mr Macpherson said : ““I'm delighted to support Dr Bell's and their 'Breaking Barriers for Families in Leith' project.

“Having worked closely with Dr Bell's over recent months, to support their important work and to help them access more funding, I warmly welcome that the Scottish Government's Aspiring Communities Fund is going to facilitate this new initiative, which aims to engage with more local families, support more Leithers and enhance local childcare provision.

“I wish Dr Bell's all the very best in establishing the project and look forward to continuing to do what I can to support the organisation and what they do for the community.”

**Dr. Bell's Family Centre**

**15 Junction Place, Edinburgh, EH6 5JA**

Tel: 0131 553 0100

[www.drbells.co.uk](http://www.drbells.co.uk)

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# **Theatre – Dr Jekyll & Mr Hyde, King's Theatre**



Dr Jekyll & Mr Hyde by Robert Louis Stevenson |Adapted by

David Edgar – Starring Phil Daniels | 10 – 14 April 2018 at The King's Theatre

Everyone knows that it is pronounced Jeekyll as with steeple. Though perhaps fewer are aware that Stevenson's inspiration for this macabre study of 'giving in to the Dark Side' draws on the Edinburgh set complex psychological novel by James Hogg, *The Private Memories and Confessions of a Justified Sinner*.

Also known as the Ettrick Shepherd, from near Moffat, he became the self-taught doyen of the Edinburgh literati and did some rhyme battles with Sir Walter Scott. Word play on the titular characters can reveal Joy-kill/jackal. Of course Mr Hyde does 'hide' behind the manipulated Doctor's diminishing self-identity, the 'hide' as animal skin that the beast uses as his charade. In Scots 'jeck' can mean to abandon as well fit in smoothly. So shocked was RLS's wife by the original draught, when he was supposed to be recuperating from TB and complications, she insisted it was burnt immediately. Just as well Shakespeare didn't leave *The Tempest* proofs lying around.

Phil Daniels will lead the company in the titular roles of Robert Louis Stevenson's Gothic thriller, Dr Jekyll & Mr Hyde, at the King's Theatre Edinburgh in this new production, adapted by David Edgar and directed by Kate Saxon.

*'I'm playing Jekyll as a posh Edinburgh doctor and Hyde as a Glaswegian. I'm burying myself in all that, getting deep into characters. You have to put the work in. Although I don't get deep enough to go around murdering people, of course.'* In a secret experiment, the upright and respectable Dr Henry Jekyll splits his personality into two, releasing the fiendish and murderous Edward Hyde.

As Hyde brings about mayhem, terror and death in foggy London, can Jekyll find a way to suppress his monstrous alter-ego, before it takes him over for good?

A Touring Consortium Theatre Company and Rose Theatre Kingston presentation.

<http://www.edtheatres.com/jekyllandhyde>

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# Ice hockey – Capitals earn point after shootout



Todd Dutiaume celebrated a weekend win double

Elite League: Edinburgh Capitals 1, Dundee Stars 2 (after penalty shots); Braehead Clan 1, Fife Flyers 4

Dundee Stars claimed a weekend win double over basement rivals Edinburgh Capitals after a nerve-jangling penalty shootout at Murrayfield.

Earlier, the sides had been locked at 1-1 at the final whistle and after sudden-death overtime.

Dundee's early pressure told after ten minutes when player/coach Omar Pacha found the net.

He was left unmarked down the left and fired home a wrist shot into the top corner.

But Capitals, who lost 7-4 in Dundee on Saturday, refused to go away and then claimed the equaliser through Dylan Anderson after 25 minutes on the power play.

The game went from end to end and the points were settled after a tense penalty shot session with Riley Stadel and Marc-

Olivier Mimar netting for Dundee. Mike Cazolla was the only Capitals player to convert.

Elsewhere, Fife Flyers continued to dominate Scottish rivals Braehead Clan after a 4-1 success in Glasgow following Saturday's 3-2 overtime success at Kirkcaldy.

Evan Bloodoff claimed a third-period double with Shayne Stockton and Danick Gauthier singles.

Adam Brace replied for the Glasgow side after 58 minutes before Bloodoff scored on the empty net with 35 seconds left.

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# Making That Life-Changing Resolution



Life is difficult. We all have problems – life is a succession of hurdles to overcome and difficult choices to consider. Sometimes we need help to overcome issues such as an unwanted habit, fear, phobia or wanting to change a part of your life which you feel is holding you back.

At this time of the year, many people set New Year resolutions and are looking to lose weight, quit smoking, increase their self-esteem or rid themselves of unwanted habits or disorders.

Hypnotherapy can help – and it really does work as many of my clients will tell you. Don't be confused by stage hypnosis. The clue about what hypnotherapy can do for you is in the title. You are not 'put to sleep', made to do anything you don't want to do or made to give away any secrets!

What you will be, thanks to a bespoke script tailored for you, is in a heightened state of relaxation. Imagine having an hour just for you, to imagine yourself doing whatever you want to do. In today's ever-demanding world how good does that sound? In your relaxed state, your subconscious mind is more receptive to suggestions on how you can overcome your unwanted habit, fear or phobia. This is where the hypnotherapist does their work – by talking to your subconscious and replacing unwanted unhealthy habits with suggestions which will change your life for the better.

Mind Generating Success can help you get rid of unwanted habits such as snacking or smoking, fears or phobias. Interested? Why not contact me to arrange an initial consultation? This costs just £10 – and if you decide to take the next step to improving your life this is deducted from the cost of your first session.

Sessions are £60 – smoking cessation is usually a one-off session costing £95 (but if you consider how much you spend on cigarettes – £3,000 a year if you smoke 20 a day – it's a drop in the ocean and improves your health)

There is 10% off each session as a special offer to readers of The Edinburgh Reporter – just quote **ER2018** when making an enquiry.

Mind Generating Success is based at Craiglockhart in Edinburgh. Evening appointments are available as are home visits providing this is an area free from distraction.

Visit the [website](#) for more information.

Contact Mike Smith today on 07521 353 787 (answering service) or email [mike.smith@mgs-hypnotherapy-services.co.uk](mailto:mike.smith@mgs-hypnotherapy-services.co.uk)

Go on, change your life – you CAN do it!

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# Ice hockey – Capitals shot down by Stars

Elite League: Dundee Stars 7, Edinburgh Capitals 4 ; Fife Flyers 3, Braehead Clan 2 (after overtime)

Dundee Stars secured their fifth straight home Elite League win in a 7-4 success over bottom club Edinburgh Capitals.

The visitors pushed the home side until the final session when goals as Riley Stadel and a second from Marc-Olivier Mimar clinched the points.

At Kirkcaldy, Evan Bloodoff claimed a glory double, including the game-winner 2min 58sec into sudden death overtime, as Fife Flyers edged Braehead Clan 3-2 to earn their fourth Elite League victory over the Glasgow club this season.