League leaders Hibs have "no time to wallow" following Cup defeat

Hibernian Women's head coach Grant Scott says his side has got "no time to wallow" following yesterday's Sky Sports Cup Final defeat.

And despite his disappointment he took time to congratulate Rangers who deserved to lift the trophy.

Rangers opened the scoring just before half-time after Hibs had squandered a few promising openings, allowing the Glasgow side to take control in the second 45 and go on to earn a 5-0 win.

"I'm obviously very disappointed," Scott told Hibs TV after the final whistle .

"I have to congratulate Rangers, they were good on the day. We don't feel we were so good.

"Credit to them, they capitalised when they had to. For us, it's disappointing. I don't feel that we, as a group, have turned up in the best form of ourselves today.

"I don't think we got to the game's pace and intensity. It's one of those. We didn't really give ourselves a chance today."

The heavy defeat comes off the back of an impressive run of 10

consecutive victories across all competitions for Scott's Hibs side.

An opportunity to immediately bounce back next Sunday is on the horizon, as Hibs travel to K-Park to take on sixth-place Motherwell in the ScottishPower Women's Premier League.

While the loss will be a shock to the system, Scott is certain his experienced and strong-minded squad will be ready for their return to league action.

"We're going to have a couple of days of hurt, there is no doubt about it. We've got no time to wallow in it.

"As difficult as it is, we need to take the pain of it all. It's already in the past now. Our focus has to be on a dangerous opponent next week.

"We're not getting too high in the high moments, we're not getting too low with this one.

"It is sore. But the players are professional, we'll be ready for a tough game next week."