

# League triumph for young Trojan swimmers

Whitburn based Trojan swimming club capped a very successful year in the pool by finishing top of the 2024 Forth Valley Junior League competition and lifting the FVJL Trophy for the first time since 1996.

This success comes on the back of Trojans winning their own annual swimming event, the Trojan Time Banded Gala, earlier this year.

The Forth Valley Junior League (FVJL) is aimed at swimmers who are starting out in competitive swimming. The event is primarily about having fun and learning as you go and features 10 teams from the Forth Valley area – Bathgate, Bo'ness, Broxburn, Falkirk, Fauldhouse, Grangemouth, Hailes, Livingston, Stirling and Trojan – competing against each other throughout the year. Swimmers can swim in both individual and relay events with most taking part in two or more time banded swims.

Carolyn Cairns, Trojan's Lead Coach, said: "I'm so proud of our swimmers, my fellow coaches and all those involved with the club behind the scenes. Our achievements this year are testament to all their hard work and commitment throughout the year."

Colin Matthews, Club Secretary, added: "This has been a

fantastic year for the Club and winning both the FVJL Trophy and the Trojan Time Banded Trophy is a great achievement. We continue to develop our swimmers and have some exciting young talent coming through thanks to our hard-working team of coaches."

\* Trojan ASC currently has around 90 members and caters for young swimmers aged seven upwards with five separate squads. Should you be interested in learning more about the Club or wish to join then please contact the Club via email : [trojanasc@outlook.com](mailto:trojanasc@outlook.com)

- Each year Trojan ASC host its own swimming gala, the Trojan Time Banded Gala which is held each June at Xcite Whitburn Leisure Centre. The gala is open to visiting clubs with 50m events covering each of the four main swimming strokes along a 4x50m Freestyle Relay. This year 12 teams took part including Balfron, Bathgate, Broxburn, Carnoustie, Dunedin, Fauldhouse, Lanark, Livingston, Portobello, SwimIT & Trojan.



The young Trojan swimmers pictured in the immediate aftermatch of their triumph