## Revolutionary new way to keep fit

Debbie Robbins has over the last five years created a new portable Air Frame to be used in the business she created, Air Control Pilates®.

She has taught Pilates for more than two decades and says she has a passion to normalise safety, freedom and joy. She recognised that it is often a decision between cost or safety when selecting equipment and has worked with UK Lyon Equipment Limited on the new fitness frame.

The Air Frame will allow aerialists to practise their art outdoors or indoors. It is an accessible piece of equipment safe to use for all ages.

Creator of the Air Frame, Debbie Robbins, said: "If you're like me, I visualise things in my life and I work hard for them too. But even this isn't something I could have imagined coming true. The Air Frame has been a labour of love behind the scenes and I feel like my life has been on hold, but I always trusted in divine timing. This whole experience is beyond my wildest dreams! For me the Air Frame, and being up in the hammock, mean so much more than exercise; it's a safe place to move and breathe. I feel people need that now more than ever."

The Air Frame has been created in two sizes and is easily transported to encourage engagement with the aerial arts whatever the environment. The smaller frame is suited to perfectly fit in your house, and can be transported easily by one person, while the biger frame is available for those with more space to create truly beautiful, jaw dropping moments.



Creator of Air Control Pilates®, aerialist Debbie Robbins (pictured), hopes to address a lack of safety in the arts and fitness community with her new at-home, portable Air Frame – a 5 years in the making product created with celebrated UK safety manufacturer Lyon Equipment Limited All photos Neil Hanna



