## Nurse recovers from major surgery with support from her own team

An experienced care home nurse with more than 43 years of service is back at work after a hip replacement — and she was nursed back to health by her own colleagues.

Eileen Crawford, 64, who currently works as the Charge Nurse at luxury care home, <u>Cramond Residence</u>, underwent the treatment earlier this year after years of arthritic pain.

Upon hearing about her need for surgery, her colleagues and managers immediately offered to help her with her post-operative care, including a stay at the home.

Following the operation, they provided her with a week-long inclusive stay, involving intensive physiotherapy and wound care, before Eileen then went home to continue her recuperation.

Eileen, who has worked at Cramond Residence for three years said: "I'm incredibly grateful that during my recovery process, I was being treated by my friends and colleagues at Cramond Residence.

"As soon as the team learned about my surgery, they instantly offered me support including transport to and from the hospital as well as post-operative physiotherapy care.

"I've seen many patients previously go through these procedures; I was quite anxious about my recovery. However, knowing that I would be receiving this care instantly put my mind at ease, as I knew from working with my colleagues just how professional they are in providing care."

"Thanks to colleagues who looked after me following my hip replacement"

Eileen was discharged from the Spire Hospital two days after the procedure and transferred to Cramond, where she received five days of intensive physiotherapy and wound care.

The team offered her a tailored plan, ensuring that her recovery was comfortable and well-supported by familiar staff.

She returned home with improved mobility, and following a period of rest has successfully returned to work.

Eileen added: "Cramond Residence made what could have been a daunting recovery process so much easier. Their support allowed me to get back on my feet and return to work much sooner than I expected.

"The care I received was exceptional. From the moment they picked me up from the hospital, I felt completely supported and in good hands, I really can't thank them enough".

Ross Bijak, General Manager at Cramond Residence, said: "Eileen does a great job looking after the community here. I'm so glad we were able to pay that back and support her when she needed it.

"It's brilliant to have her back and to know the team here played a role in her swift recovery."

Opened in October 2018 at a cost of £8 million, Cramond Residence continues to deliver outstanding clinical standards in a setting designed for comfort and community.

## https://cramondresidence.co.uk/

