Social Bite lay down a 100-mile challenge

Homelessness charity Social Bite is asking people to take part in the 40 day 100-mile challenge which begins on 1 September.

Anyone can take part and the miles can be racked up skipping, swimming, walking or running — whatever suits. Someone has set themselves the task of completing a route which will mark out the words Social Bite on a Strava map.

This is the second year the challenge has taken place to raise funds for Social Bite who provide housing, jobs and food for those affected by homelessness.

Josh Littlejohn MBE, Founder of Social Bite, said: "The 100 Mile Challenge is a great way for people to get involved in helping us raise crucial funds in a fun way which suits them, and can easily fit into their schedule.

"We always love seeing the ways people decide to get involved and encourage them to get creative with how they do their 100 miles. Be it solo, a group of friends, or colleagues, we can't wait to see how you approach this challenge, and remember to share your progress on social media so we can join you on your journey!"

Challengers can earn rewards for hitting fundraising targets, from t-shirts and tote bags to shout-outs and spotlights from the charity as a big thank you for their efforts.

Social Bite encourages participants to share their journey through social media, email updates, and on their fundraising pages.

Sign up now to get

involved: https://www.social-bite.co.uk/100milechallenge







