

‘Good Luck, Cathrine Frost!’ making English language debut at the Fringe

Norwegian company Det Andre Teatret’s theatre-comedy show, *Good Luck, Cathrine Frost!* will perform its first ever English-language shows on the Fringe this August.

Playing to sold-out houses in Norway since opening in 2022 and winning Finalist for the prestigious Hedda Award 2023, the show stars seasoned Norwegian actor Cathrine Frost Andersen.

‘After giving birth, people would come to me and wish me “good luck”. It’s a phrase that we often turn to when someone is pregnant or has given birth in Norway.’

Based on Cathrine’s own experience of her encounter with the desire to have children, her dramatic – but not unusual – birth experience where she and her baby almost died, and her encounters with and in the world afterwards, *Good Luck, Cathrine Frost!* will bring a hilarious and existential show to Scottish audiences to talk philosophy, birth, public health – and Socrates.

On coming to Scotland this August, Cathrine said: ‘I am really

looking forward to the jungle of the Fringe and visiting Edinburgh. My show has been a total sellout in Norway, but having to build up an audience from scratch at the world's biggest performing arts festival is a great challenge and a great opportunity to connect with people. I hope that at the end of the run we'll have a new crowd who love the show!'

Cathrine Frost Andersen is an actor, improviser, and nurse. As an early member of the ensemble at Det Andre Teatret, which she helped start in 2011, she plays in a number of different improvised performances throughout the year, both on the theatre's own stage in Oslo and out on tour. Among other things, Cathrine has been involved in the theatre production *Vildanden* at the festivals in Bergen with Vegard Winge directing, and a residence in Kautokeino at the Sami National Theater Beaivvás. She has participated in various theatre festivals at home and abroad, and is also on the TV screen now and then.

Good Luck, Cathrine Frost! will play from 31 July – 25 August at **Assembly George Square Studios, Studio One (15:00)**. 2for1 Tickets are available on 5th and 6th August; first review date for critics is 02 August.



Image credit – Anders Holmsen Utsigt.