

Garden Hotels: A Breath of Fresh Air in the City

In this era of urbanization, pollution is increasing day by day. Finding a hotel with a touch of nature is no less than good fortune. You must have seen hotels with interior designs that include gardens or different plantings. This makes the air quality better filled with beautiful scents of flowers. These indoor plantings are attractive and many people are considering having gardens within their hotels. In this article, we will discuss everything you need to know about garden hotels, and let's see some popular garden hotels.

What Are Garden Hotels?

Hotels that are particularly noticeable for their gardens or that have greenery within their interior designs are known as garden hotels. Romans created the concept of a garden room. This idea was loved so much that it started being used in hotel interior designs.

Benefits Of Having Garden Indoors

Planting indoors has numerous benefits for human health. These benefits include:

- **Stress Management**

Gardens are a perfect way to deal with stress. Greenery is a natural element that reduces stress.

- **Improve Mood**

The aroma and flowers improve the overall mood. Several studies have shown that indoor gardening can improve feelings

of happiness and well-being.

- **Productivity**

Plants when kept indoors boost productivity and concentration. Plants have a cooling and calming effect on human minds and thus reduce stress, leading to better productivity.

- **Improved Air Quality**

Plants are natural filters. They purify the air by removing toxins from it. Plus, they beautify our living spaces.

- **Add colors and scents to the environment**

Incorporating plants inside adds color and scents to the environment through flowers. Indoor gardening can have powerful effects on your mental health.



Photo by Gabrielle Maurer on Unsplash

Some Serene Hotels With Gardens

Here are some popular garden hotels. If you want to stay in a serene hotel with beautiful gardens then these options will be helpful for you. If you are a hotel owner and considering garden services then [Click Here](#) to hire professional gardeners. They will help you turn your space into greenery.

▪ Bodysgallen Hall And Spa

Bodysgallen Hall is surrounded by over 200 acres of parkland and beautiful gardens. Its variety of gardens includes a rose garden, a kitchen garden, and a Gothic Folly. The gardens have been recognized for their award-winning restoration.

▪ Askham Hall

This hotel has been working since 1724. They provide self-grown fruits and veggies to their customers. Due to its floral gardens, many couples plan to marry here. You can also plan your wedding ceremony at the Askham hall.

▪ Congham Hall

This garden is renowned for its 400 different varieties of herbs. Garden herbs are used in the spa. Home-grown produce inspires the dishes. If you want fresh homegrown made dishes then you must visit this hotel.

▪ Cliveden House

The hotels with gardens are mostly booked. Because people like to walk under the under in these beautiful gardens. Cliveden

House is also the most booked hotel located in the heart of London. It is a perfect place to live in the greenery and rivers. Its enchanting room views mesmerize the individuals.

▪ **Goldstone Hall**

This hotel sits among five acres of brimming gardens. It offers fresh veggies, fruits, and flowers. Whether you are deciding to have fresh home-grown dishes or making a bouquet of fresh flowers, this hotel is a perfect destination for your next stay in garden hotels.

Conclusion

Garden hotels are hotels that have gardens in their interior design. Having gardens indoors has several benefits like it improves mood, and productivity, managing stress, and adding colors and aroma to the environment. These are some serene hotel gardens. If you want to book a hotel with gardens then you can choose from the above suggestions. Additionally, if you are looking to design a garden of your own, [Learn more](#) to contact experienced gardeners for your gardening-related services.