

Edinburgh police to run FREE fitness circuits throughout the summer holidays for young people

Police in Edinburgh will be running FREE fitness circuits throughout the summer holidays for young people.

The sessions organised by officers from the North East Community Policing Team will alternate between Portobello Beach (outside Portobello Baths) and the Castlebrae Astro Pitches.

All ages are welcome, but children under 12 must be accompanied by an adult throughout the session.

The sessions start on Monday 8th July and will run to Thursday August 8th

They start at 10.30am on weekdays.

Mondays and Wednesdays at Portobello Beach (outside Portobello Baths)

Tuesdays and Thursdays at Castlebrae Astro Pitches.