

The Rise of Dental Tourism: Myths About Dental Treatment In Turkey

The popularity of dental tourism has skyrocketed in recent years, particularly in the case of the UK. Social media has led to millions of images being shared every year, and coupled with the rise of “influencers,” the pressure to look our best has never been so apparent. The dentistry situation in the UK is also playing a key role in the trend. Private dental procedures are often extremely expensive, especially in the current cost-of-living crisis. And seeking treatments via the NHS is more difficult than ever, with an estimated 12 million people unable to find a dentist to help them. So, it’s no surprise that thousands are now heading abroad to get the care they seek at affordable prices. And Turkey has emerged as a leading destination. But despite its popularity, many people still worry about getting dental treatment abroad. Here are some of the myths, and why Turkey is an excellent choice for dental care.

Poor Quality Care

British people often worry about the quality and standards of care abroad. This is an incredibly old habit that has remained even while the problems with our own health sector have increased. We tend to fear that countries like Turkey won’t be as good as what we get at home. However, this is far from the truth. Turkish dental clinics are furnished with the very latest equipment and technology. Turkish dentists are among the best qualified practitioners to be found anywhere, and many have trained abroad. When you choose to be treated in Turkey, you will have access to truly world-class levels of care.

Hygiene Issues

Hygiene is of course a major concern for a UK resident thinking of getting medical treatment abroad. However, this is another unfounded worry when it comes to Turkey. The dental sector is an especially important part of the Turkish economy, and the government has put in place stringent rules that meet the best of international standards. Clinics always follow strict sterilisation protocols. Patients can rest assured that procedures take place in an exceptionally clean and comfortable environment.

Safety Worries

Some fear that having treatment in a country 2,500 miles away would mean facing risks not present at home. But again, these worries are unfounded. Turkey has a well-developed healthcare system, with a mix of public and private providers, much like the UK. The Turkish Ministry of Health oversees the sector, and enforces strict laws and regulations, including robust accreditation processes for hospitals and clinics. Dental clinics like [Smile Dental Turkey](#) are members of the Turkish Dental Association and hold a health tourism certificate, showing their commitment to delivering top-quality services that adhere to international standards.

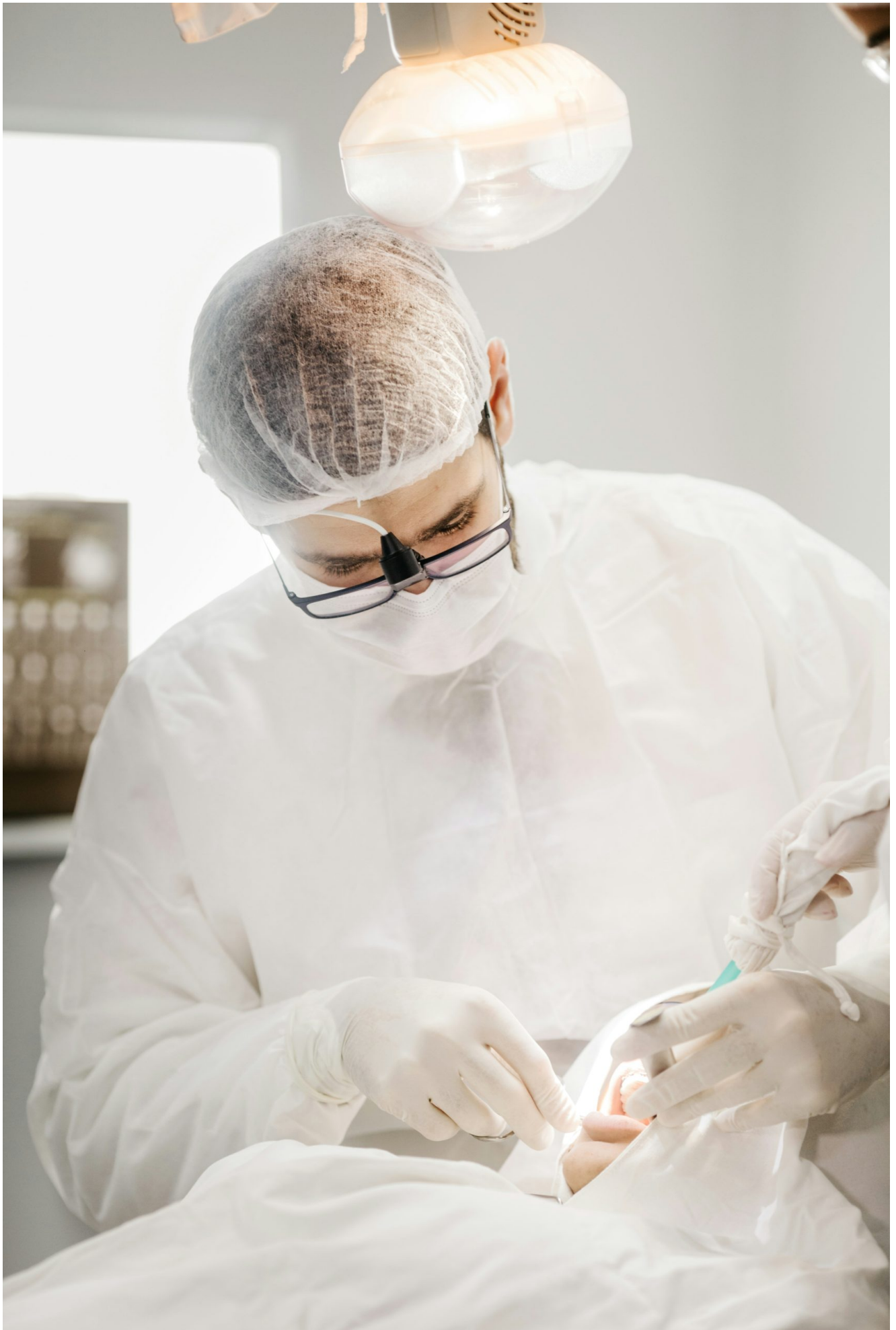


Photo by Jonathan Borba on Unsplash

Communication Problems

People often worry when they travel abroad, the language barrier will be an issue. This understandably might put someone off the thought of getting a medical procedure done in a country like Turkey. While it's true to say that English is not widely spoken across Turkey, it certainly is in major cities and tourist areas, where the best clinics operate. Many of these clinics cater purely for international patients, and understand how important clear communication is, so dentists and staff are fluent in English. When you speak to a clinic, they should offer an online consultation, this will give you confidence in their abilities to discuss and explain treatment plans in clear English.

They Only Do Cosmetic Dentistry

There's a common misconception that Turkish dental clinics only handle cosmetic procedures – teeth whitening, veneers, and the like. However, clinics in Turkey offer a vast range of treatments, just like their counterparts in the UK. Tooth extraction, root canal treatment, fillings, scaling and polish, check-ups, dental implants – from the routine to the complex, Turkish dental clinics serve all dentistry needs, not just the cosmetic. Their advanced technology, training and expertise means that all patients receive appropriate and top-quality care, personalised to their needs.

Dental Treatment In Turkey

The benefits of dentistry in Turkey don't end with the world-class care, spotless facilities and the wide range of treatments discussed above. A patient gets all these benefits while accessing costs that are significantly more affordable than those available in the UK. Savings of as much as 70% off British prices are commonplace, which makes it the perfect option for those looking to get their much-needed procedures

without breaking the bank. And of course, beyond dental care, Turkey is a wonderful place to take a “dental holiday.” Its rich cultural heritage, stunning landscapes and architecture, beautiful beaches, vibrant nightlife, and gorgeous climate make it the perfect place to combine dental treatment with a memorable break.

Preparing For Your Trip

If you’re thinking about joining the thousands of Britons heading to Turkey for a dentistry solution, there are some essential steps you need to take first:

Do Your Research

Take time and invest effort in researching clinics before you book. Look for clinics where dentists have plenty of experience, are fully accredited and qualified. Their website should be packed with information and prices must be clearly displayed. On site reviews are also important, and the best clinics will have many reviews on trusted online platforms such as TrustPilot.

Consultation

Your chosen clinic should offer online consultations to discuss everything before you book. Your conversations should leave you with a full and clear understanding of the procedure – what it involves, what it costs, and what the recovery time will be. Will additional visits be needed?

Budgeting & Insurance

While treatment costs are far lower than the UK, you must make sure you budget for everything. Travel, accommodation and other expenses must be accounted for. Have a look at your insurance to check if medical treatment in another country is included, if not, then get the cover you need.