Harmeny among the relay medals

Harmeny Athletic Club's men's and women's under-17 3 x 800 metre teams brought back medals from the Scottish Athletics 4J Studios National Track Relay Championships at Riverside Sports Arena, Ayr.

The men, represented by, left to right, Dair Alexander, Matthew Holden and Kieran Hardie took gold from Giffnock North and Edinburgh AC.

Harmeny women, represented by, left to right, Nancy Corrie, Lara Brechin and Natsai Nyabadza earned a silver medal for finishing ahead of East Kilbride but behind Giffnock North.



Harmeny AC's gold medal winning men.



Harmeny AC's silver medal winning women are pictured, left.