Go green with Jasmine on Sunday at The Meadows

Runners of all standards are invited to The Meadows on Sunday from 5-6pm to join passionate climate change advocate and Barkley Marathons history maker, Jasmine Paris, in a special event.

"Running Out of Time" features a baton being carried 2,436 km from Ben Nevis to the London landmark of Big Ben to draw attention to the need for action.

Leading the run as the baton passes through Edinburgh will be <u>Jasmine</u> who, earlier this year, became the first woman *ever* to complete the Barkley Marathons – the world's toughest race.

Completed by only 20 people since its inception, Jasmin made sporting history and further raised the profile of the growing sport of ultrarunning.

In an <u>exclusive interview with The Edinburgh Reporter</u> <u>afterwards</u> Jasmine also told of how she hoped her achievement would focus more attention on the green agenda.

A co-founder of 'Green Runners' which, according to the website, encourages "putting the planet first when making decisions", Jasmine said: "If I have a better platform now for putting that message across so much the better.

"I have a real love of the natural world and that is part of the reason I run." An opportunity now arises in a city just a few miles from her home in Midlothian with the people-powered relay calling for action to cut emissions, restore nature and support those hardest hit by climate change.

Joining Jasmin on the 5.9 Edinburgh leg of a relay claimed to be the country's only sporting event for climate is easy and free.

Sign up at www.running-out-of-time.com

The relay concludes in London on 4 July, the culmination of 210 stages.

