

Anyone fancy taking a firewalk for PoppyScotland?

If you are brave enough to take a barefoot walk over red-hot wood embers measuring around 800 degrees then you can also raise money for PoppyScotland in return.

No tricks, no special effects. Just you and the fire. A firewalk presents a significant mental challenge, involving freeing yourself from the limits of your fear.

Poppyscotland, Scotland's leading Armed Forces charity, is hosting a firewalk fundraiser in Edinburgh on 8 November, the Friday before Remembrance weekend.

Plunged in natural darkness, with musical entertainment and space for your supporters to watch, participants will challenge themselves in a show of appreciation for Scotland's Armed Forces community.

For those who may be worried, PoppyScotland say don't be. The event is delivered by a leading company which specialises in running such events and they say it is completely safe. The event is designed to give participants a significant sense of achievement and is a symbolic opportunity to show solidarity with those who risk their lives, or have given their lives.

Registration for the event is £20 with a minimum requested sponsorship of £120. Participants can sign up via Poppyscotland's website: [Firewalk 2024 | Poppyscotland](#).

Gordon Michie, Poppyscotland's Head of Fundraising and

Learning, said: “This is an exciting addition to Poppyscotland’s fundraising events calendar. It will give the opportunity for those taking part to really challenge themselves in a supportive and safe environment.

“Firewalks are popular across the UK, and we are excited to be bringing one to the heart of Edinburgh. As this event will be held on the eve of Remembrance weekend, it provides the perfect opportunity for supporters of Scotland’s Armed Forces community to show solidarity with the many sacrifices made by Scotland’s military personnel, and to raise vital funds for our life-changing welfare support.”

