

Luxury care home offering best healthcare for residents

Frequent GP appointments and in-house healthcare on offer for residents at leading home

A Scottish care home has said its residents currently benefit from some of the best healthcare in the country within a care setting, thanks to world-class in-house facilities and frequent GP checkups.

With research from the British Medical Journal showing that frequent, primary healthcare decreases mortality and hospital visits, dementia care experts [Cramond Residence](#) has prioritised its residents' care by ensuring all of them have access to GP visits twice a week.

The home boasts some of the most extensive care in Scotland, providing its residents with top-tier facilities through its wellness and physiotherapy suite, an in-house GP, a room dedicated to Allied Health Professionals, and a gym.

Ross Bijak, General Manager of Cramond Residence said: "Usually, those who stay with us are dealing with complex health issues and we want to ensure that we provide them with the very best healthcare possible.

"We're incredibly fortunate to be able to provide this to our residents, by offering frequent GP checkups we can ensure we are on top of any medical concerns and that our resident's families can have peace of mind knowing that any issues are frequently monitored and managed.

"We believe we have one of the best care programmes in

Scotland. We have a fantastic in-house nursing team and state-of-the-art facilities and this is further solidified by the frequent GP visits which our residents benefit from every Tuesday and Friday.”

Specialising in a comprehensive range of dementia care services, the home accommodates residents in both its communal living spaces and a dedicated section for those with advanced dementia needs.

The residence ensures optimal care through continuous assessment and a collaborative team of healthcare professionals, all within a setting designed to promote independence and well-being.

Ross added: “Our team keep the GPs updated about on any medical challenges that our residents face, and then after a thorough check-up, the GP’s insights help us update our records and fine-tune care plans to meet each resident’s unique needs.

“Everything we do happens right here in the comfort of the residence, so there’s hardly any disruption to the everyday lives of our residents. Plus, having the same friendly faces of doctors for check-ups brings a comforting sense of consistency and trust for both our residents and their loved ones.”

Since its opening in October 2018, after an investment of £8m, the Cramond Residence has championed the concept of small group living, emphasising social connections.

The residence offers a selection of activities designed for individuals with dementia, aiming to enhance their quality of life. Equipped with modern facilities and supported by a dedicated team, the home is committed to providing care, support, and respite for its residents.

- For further information about Cramond Residence, call 0131 336 1064
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