

LifeCare invite you to learn about Powers of Attorney

Thinking about what would happen in the future if someone loses capacity to run their own affairs can be stressful and worrying, according to LifeCare Edinburgh.

The local charity advises that these situations can be daunting and complex and is going to host a free information event next month. Information will be given to help people put the right practical support in place to ensure someone trusted can quickly make decisions if needed.

A Power of Attorney is a legal document by which someone – while they still have mental capacity – nominates a trusted friend or relative to look after their affairs if they later lost capacity. This document then comes into effect in the event of an emergency, illness or accident. It is not limited to those who are older or unwell, and LifeCare recommend that everyone considers granting a Power of Attorney at any stage of their life to avoid any future complications. For example, it might be necessary to use it if the granter has had a stroke, serious accident or dementia or is otherwise incapacitated.

Delivered in partnership with solicitors and experts from law firm Lindsays LifeCare will host its first information sharing event designed to encourage everyone to stop and think about what they need to put in place to help simplify their own future.

Sarah van Putten, who is Chief Executive of LifeCare said :
“Unfortunately at LifeCare we are well aware of how stressful life can be when people don’t have the right documents in place. No one can predict when they may face an unforeseen illness, accident or other debilitating event that may render them incapacitated.”

LifeCare’s ‘What is a Power of Attorney’ information event, will be delivered in partnership with solicitors Lindsays, beginning from 2pm on 1 May in the charity’s fully accessible community café in Stockbridge CafeLife at 2 Cheyne Street, EH4 1JB where free tea and coffee will be available along with the opportunity to find out more about LifeCare’s vital services which are available for older people and the community.

www.lifecare-edinburgh.org.uk/ or call 0131 343 0940 to register interest in attending the free information event.

