

Margo learns to tap dance at 90

An Edinburgh woman was over the moon when her wish to learn to tap dance became a reality at the age of 90.

Margo Bald has always been a keen dancer, but the one kind she'd never tried her hand, but always wanted to, was tap dancing, so when the team at Care UK's Lauder Lodge on Wakefield Avenue learnt of this, they were determined to make her dreams a reality.

Reaching out to local dance school, HB Arts, the team organised for Margo to finally get her toes tapping, with a special lesson led by dance teacher, Sarah MacLeod, and a visit to meet the youngsters that attend the classes each week.

Presented with a pair of tap shoes, Margo learnt some classic steps to her favourite song – Guy Mitchell's 'Music, Music, Music' – which the team noticed always gets her toes tapping in the home.



Margo said: "I thoroughly enjoyed the whole experience and learning how to tap dance with the children. I'd like to encourage everyone to keep dancing – it can really bring a smile to your face."

Anees Riaz, Home Manager at Lauder Lodge, added: “Here at Lauder Lodge, we know it’s never too late to take up a new hobby.

“When the team heard that Margo had always wanted to tap dance, we knew we had to make it a reality, and to see how happy it made her to finally after all of these years made it all worthwhile.

“Learning new skills, having fun, and trying something new can be incredibly beneficial in supporting older people to continue to live happy, fulfilling lives, and Margo is proof of the saying that you’re never too old. Well done Margo, we can’t wait to see your tap dancing skills in the home!”

Lauder Lodge is a state-of-the-art care home which provides full-time residential, nursing and dementia care. Designed to enable residents to live enjoyable and fulfilling lives, the care home has its own café and hair salon, and there is plenty of space, both indoors and out, for relaxation and recreation.

careuk.com/lauder-lodge



