

Health board urges people to have Covid and flu vaccination this winter

NHS Lothian is urging those eligible for a Covid-19 and/or flu vaccine to take up the offer, with the winter vaccines available until March.

[Public Health Scotland](#) has today confirmed continued circulation of flu at a high activity level in Scotland, with 700 people admitted to hospital due to Covid-19 or flu in the first week of January.

In Scotland, more than 1.24 million Covid-19 vaccines and 1.59 million flu vaccines have been delivered so far as part of the winter vaccine programme, with 188,000 Covid-19 and 245,000 flu vaccines delivered in Lothian.

Despite this, winter vaccination uptake is lower than last year.

If you're aged 50 and over, 18 and over with an eligible health condition, pregnant, a carer (paid or unpaid), or a household contact of someone with a weakened immune system, you're eligible for a Covid-19 and/or flu vaccine.

Those eligible can call 0800 030 8013 or [book an appointment online](#), or [drop-in to a clinic at any of the 15 locations available across Lothian](#) to get their vaccine(s) or speak to vaccinators.

Pat Wynne, Nurse Director for Primary and Community Care, NHS Lothian, said:

“It’s not too late to top up your protection. Vaccination remains the best way to protect yourself, and those you care for, against flu and Covid-19.

“Those who are eligible but who have not yet received their winter vaccines are encouraged to take up the offer. Book an appointment now or drop-in when convenient for you.”