

# **Edinburgh care home opens its doors for a merry good time**

**An Edinburgh care home is opening its doors to help combat loneliness in the community this festive season.**

On 7 December, from 10am-12pm, Care UK's Murrayside, on South Beechwood, is helping older members of the community to get into the festive spirit by opening the doors to its café to the local community.

Older people feel lonelier at Christmas than any other time of year and to help tackle this, Care UK has launched its Care to Share initiative, designed to support older people through the festive season.

More than 100 Care UK homes nationwide will be taking part to give older members of the community a safe and sociable space where they can enjoy some festive fun and good company – whether it's singing along to Christmas carols or watching a Christmas movie with a mince pie.

At Murrayside, the team has been hard at work spreading Christmas cheer by adorning the home with festive decorations and warming the ovens up, ready to bake festive treats for the community. Those dropping by will also have the opportunity to meet other people from the community and enjoy Christmas games and carols.

Suzanne Welsh, Home Manager at Murrayside, said: "Here at Murrayside, we're passionate about playing an active role in our community, so we're delighted to be opening the doors to

our café for the community.

“We know December can be a difficult month for many, so this is a wonderful chance to bring people together to get into the Christmas spirit and a great opportunity for everyone to build new friendships – as well as reminisce over fond festive memories.

“We’d like to invite our older neighbours to book their place at our special event – this is certainly an event yule not want to miss!”

To find out more about Care UK’s Care to Share initiative, please visit: [careuk.com/caretoshare](https://careuk.com/caretoshare)

To find out more about Murrayside or to book your place on the event, please contact Customer Relations Manager, Cliona Robertson on 0131 516 2487 or email [cliona.robertson@careuk.com](mailto:cliona.robertson@careuk.com)

Murrayside care home has been specially designed to enable residents to live active and fulfilled lives, while also promoting independence. The care home incorporates space for hobby and leisure activities, and has its own cinema, hair salon and café.

