

Cook to lead Comets next season

Workington Comets have confirmed the signing of local speedway favourite Craig Cook as captain for their step up to the Cab Direct Championship.

Cook (pictured) will head into his third stint with the Comets, having last ridden for the club in 2017, but will represent them for the first time at their new Northside home.

The rider was with Edinburgh Monarchs last season and previously with Glasgow Tigers and Workington promoter Andrew Bain said: "To say we are all delighted is an understatement. Craig is a class act and pure box-office on a speedway bike.

"With Craig coming back home, I am sure we are going to see the Cookie of old and if we do it should certainly put backsides on seats."

He added: "We have made a fantastic start to team building and our vision for 2024, and it's certainly not going to stop here."