

How To Save Water In Your Bathroom

Water scarcity is no longer a distant concern affecting countries in historically dry or outright desert regions. Instead, it is becoming a reality in many parts of the world. Already, some countries are starting to regularly experience the dire consequences of ongoing water shortages as a way to mitigate the fact that they are unable to satisfy the growing demands of their populations. The situation serves as a critical reminder that collective action is necessary to address water wastage and over-usage.

The effects of water scarcity are becoming increasingly evident in countries such as the UK as well, with summers becoming drier, while winters are wetter. If proactive measures are not taken to conserve water resources, the UK population may face challenges of water scarcity in the coming decades. In terms of saving water, individual action matters a lot, and a good starting place is your bathroom. Putting sustainability in the forefront from the start and allowing experts like [Ability Bathe Devon](#) to design and install the bathroom could help dramatically decrease your water consumption profile.



Photo by [Sasikan Ulevik](#) on [Unsplash](#)
Adopting Sustainability Practices

People who have never faced water shortages are naturally predisposed to wasting this precious resource as they simply do not realise how much water can be lost during mundane daily activities. Surveys have found out that, on average, a person in the UK uses around 146 litres of water each day. This is a tremendous amount of water, especially when you consider the fact that a significant portion of it is simply wasted without providing any meaningful positive functionality.

Implement Modern Solutions

Modern dual flush toilets have significantly improved water efficiency that allows them to use just a fraction of the water per flush needed by older models. The vast difference in water usage emphasises the importance of considering efficiency during any bathroom updates or redesigns. By opting for more water-efficient toilets, homeowners can contribute to

water conservation and reduce their overall water consumption.

Similarly, water-saving shower heads have made significant advancements and can now utilize water far better while still delivering the same effective cleaning performance. Compared to older models, using these water-saving showerheads can result in substantial water savings of up to twenty litres during a typical five-minute shower. If full bathroom fittings redesigns are not feasible, individuals can still conserve water in the shower by consciously minimising shower time, aiming to keep it under five minutes.

Simple Changes In Daily Routine Can Lead To Massive Water Savings

Conserving water may also start with some simple yet impactful habits, such as closing the tap while brushing your teeth. By taking the small step of turning off the tap while brushing, you can save gallons of water every day, making a significant contribution to [water conservation efforts](#).

Applying the same approach to cleaning utensils at the kitchen sink can also result in significant water savings. Instead of allowing the water to run continuously, a more water-efficient way is to fill the sink with water and use it to rinse the dishes and utensils. By utilizing this method, you can conserve a considerable amount of water that would otherwise simply go to waste.

To further enhance water-saving endeavours, consider installing a water-saving tap for the washbasin in the bathroom or the sink in the kitchen. These specialised taps are designed with water control features to minimise unnecessary water wastage. When choosing a water-saving tap, opt for a reliable brand known for its commitment to water conservation and efficiency.

Stop Any Leaks In The Bathroom

Leaky taps may seem inconsequential, but the reality is that even a single drip every second can result in significant water wastage on a daily basis. To address this issue and prevent unnecessary water loss, it is crucial to take prompt action. As soon as you notice a problem with any leaky taps in your home, it is advisable to seek professional assistance to get them fixed as soon as possible.

Additionally, the toilet could also be a source of hidden water leaks. In some cases, water from the cistern may silently and unknowingly leak into the bowl, causing water to literally go down the drain without your awareness.

To check for such leaks, it is recommended to conduct a simple test at least once a year. Add a drop of food colouring to the cistern and observe if the colour seeps into the bowl within a couple of minutes. If you notice the colour bleeding out, it indicates a leak that requires attention. After conducting the test, be sure to use the toilet soon after to flush away the colouring to avoid any staining.