

# Five things you need to know today

## Nairns scoop eight awards

Nairn's, one of Edinburgh's longest running businesses, has reason to celebrate after winning *eight awards* at the 2023 Free From Food Awards.

Now in their 16<sup>th</sup> year, the Free From Food Awards recognise the best in free from food & drink across a diverse range of categories, and are viewed as the supreme mark of taste, quality and safety by the free from community.

Nairn's said it is especially proud to have won a Gold award for Sourdough Flatbreads which was launched earlier this year to provide a first with the 'tangy' flavour of sourdough in the free from savoury biscuit sector. The awards' panel of expert judges praised the product for its "*great snap, good texture and flavour*" as well as its "*really good price point*".

All three flavours of the brand's most recent launch – the Crunchy Oat Bars range that have up to 60% less sugar than the average cereal bar on the market – have also won awards. The oatcake manufacturer said that customers who want to turn to free from and lower sugar alternatives, or who have to for health reasons, do not have to compromise on taste with Nairn's products.



## New series of Love Scotland podcast released on Friday

The National Trust for Scotland has commissioned another series of the Love Scotland podcast hosted by Jackie Bird and series six begins on Friday featuring an interview with Diana Gabaldon. The new season of Outlander also begins the same day.

Jackie Bird, President of the National Trust for Scotland and

host of *Love Scotland* podcast said: “Bringing the incredible stories of Scotland’s heritage to new audiences and sharing the rich history of the people and places of the National Trust for Scotland is a huge joy and privilege. There is so much nature, beauty and heritage to enjoy and explore.

“I’m thrilled to kickstart the sixth season of *Love Scotland* with none other than Diana Gabaldon to hear the in-depth story of her ties to Scotland, and how it inspired her world-famous *Outlander* book series. It is an episode filled with emotion and Diana’s sentimentality for Scotland.

“It has been fantastic to see the podcast grow and develop, and I hope listeners are as thrilled as I am with the new series. From James VI to Raeburn, we are exploring some of Scotland’s most famous people and places, resulting in a fascinating line up of episodes to come.”

You can listen and subscribe to *Love Scotland* on all the usual podcast channels, including [Apple](#) and [Spotify](#).



# The Proclaimers

The Proclaimers are playing at Leith Links this weekend. If you have your tickets then read this article here which is full of information about the gigs on Saturday and Sunday evenings.

[Read more here.](#)

# Council to approve student flats for Jocks Lodge

A student flat development at Jock's lodge which will replace the pub and other premises with a brand new street level parade of shops and a bar, has been recommended for approval.

There will be 191 student flats with 263 square metres of commercial space underneath.

[Read more here.](#)





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# the Edinburgh Reporter

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EDINBURGH'S FREE LOCAL NEWSPAPER...A CAPITAL READ FROM START TO FINISH



## Here's looking at ewe

### RHS artists find their inner sheep for show

By PHYLLIS STEPHEN

IT'S JUNE AND that means it is time to get ready for the annual Royal Highland Show at Ingliston which is sponsored by Royal Bank of Scotland.

To publicise the event the Royal Highland and Agricultural Society of Scotland (RHASS) commissioned "Flock to the Show", a public art trail made up of fibreglass sheep sculptures which are on tour in Edinburgh and Lothians.

Rosie (photographed left) had incredible fun getting to know these two sculptures at Port Edgar marina.

On the left is Eaba designed by Central Scotland artist Anna Bilyk and sponsored by Galloway MacLeod. Anna said her inspiration came from a mixture of landscape and process. She said: "The images are all inspired from travels and surrounding landscapes brought together and merged into a type of visual story. The style of the design comes from the process and style I use to design images for lino printmaking."

On the right Davy Baa-wie was designed by Fife knitwear designer, Jennifer McHardy, and sponsored by Macklin Motors. Jennifer said she just loves David Bowie. She said: "he is a true music and style icon, the inspiration for my sheep design came from the iconic knitted jumpsuit designed by Kansai Yamamoto for David Bowie during the Ziggy Stardust era worn by him in 1974."

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