

5 Epic Activities When Holidaying In Italy

When it comes to holidaying in Italy, there is almost no limit to the number of epic activities you can get up to.

Whether you're a nature lover, an adventure junkie, a history buff, or a food connoisseur, Italy has it all. There's a wide range of activities guaranteed to match up to whatever you want to do.



Photo by Dan Novac on Unsplash

This also includes family-friendly adventures, as well as some that are not as ideal for kids. We'll break down the 5 best epic activities to do when holidaying in Italy.

Hiking Cinque Terre

This beautiful piece of coastline in Northern Italy is very

well known, and for very good reason. It has some of the most incredible views that you'll find anywhere in the world and offers [great hiking](#).

It spans 5 picturesque towns and there are a variety of different trails, depending on how intense of a hike you are looking for. One of the most popular is the Blue Trail, a 7-mile trail that takes you from the south to the North.

If exploring villages is more your thing than hiking, you could split the walk over a few days and spend some time soaking up the charm of each coastal village.

This trail is open year-round, but is not well suited for young children, due to the length and terrain. However, you could also walk short distances and then take advantage of the train system, making it a very flexible plan.

Set Sail On Lake Como

Nothing beats feeling the wind in your hair as you travel across an exquisite body of water. And this is particularly true of Italy's Lake Como, which has always been a major attraction.

Not only can you easily find a [catamaran hire in Italy](#), but you also get to see the sights from the water, giving you a whole new perspective on the beautiful countryside.

Then you also have the other options once you are out on the lake, like going for a swim, or stopping off at one of the delightful villages that surround the lake, like Cernobbio.

Skiing The Dolomites

For the adventure junkies out there, Italy boasts some spectacular skiing opportunities. Our personal recommendation is [the Dolomites](#).

In the winter months, skiing is exceptional, with options for the whole family. This includes some intense slopes for experienced skiers as well as family-friendly slopes and snow parks.

This means that the Dolomites are a great choice for the whole family. While the skiing options are limited in the spring and summer months, there are other options for those seeking some adrenaline.

In the warmer months, you can enjoy sports such as paragliding while still soaking in the gorgeous mountain views.

Pasta Making In Florence

If you're looking to immerse yourself in Italian culture, the food is a great place to start. Where better to learn pasta making than the cultural hub of Florence?

There are many classes on offer, providing a variety of fun activities depending on how seriously you want to take your culinary adventure.

This is a great option year-round and can be a fun experience for the whole family if you find an option that is child friendly.

This experience is both hands-on and gives you an insight into the Italian culture that only food can offer. Plus, you'll impress all your friends back home with your perfect homemade pasta. You might even be able to compete with your [favorite Italian restaurant](#) back home.

Gondola Ride In Venice

While it may be a bit cliché and touristy, it isn't a trip to Italy without an iconic gondola ride. It's one of the best ways to soak in the sights of Venice.

Going at night is a beautiful sight, but it can be quite crowded. While most tourists will do this activity, you can find some quieter, more out-of-the-way gondola renting companies.

This means you get all the beauty without as much of the hustle and bustle. It's a cliché for a reason.

Venice has the most extensive system of canals in the world, making this a unique experience that you can only really get in Italy.