School pupils visit to Edinburgh care home for Fun Day

Relationships built at 'Fun Day' as home hosts students from Fettes College.

A partnership between one of Edinburgh's up-market care homes and a local private school allowed residents and students to unite for a fun day of intergenerational interaction.

Ffourteen students, aged 16-17, from Fettes College visited Cramond Residence as volunteers, where they formed connections with the residents across various activities taking place on each floor of the home, including arts and crafts, nail painting and gentle exercise classes.

The event was organised as an opportunity for the school and care home to come together and build relationships that are beneficial for both residents and students.

Craigleith House Coordinator at Fettes College, Eileen Crawford, said: "The fun day was a huge success and we would like to thank Cramond Residence for giving the students a very enjoyable trip and a new learning experience — it was lovely to see bonds formed.

"At Fettes, we want to instil the importance of our students engaging with the community in a positive way and this fun day was the perfect opportunity. The students had a great time and many of them have expressed their desire in making a trip to Cramond a monthly activity.

"There is so much that the younger generation can learn from the older — their world experience is invaluable to our young people taking the first steps in their own lives.

"This event marked the start of a new partnership between Fettes and Cramond, and some students will continue volunteering at the home for their Duke of Edinburgh awards."

Cramond Residence prides itself on the vast array of exciting activities that its residents can take part in and enjoy, with the Fettes College Fun Day being one of the latest additions to the home's bustling monthly program.

Designed to promote independent living and socialisation, the fun day saw residents at the home exchanging vibrant life stories with the students while basking outside in the sun, or indulging in a spot of pampering, painting and games.

Client Liaison Manager at Cramond Residence, Christian Daraio, said: "It was an incredible day for everyone involved and the students put a huge smile on the residents' faces.

"Connecting with the wider community helps eliminate the feelings of isolation that are common in the older generation.

"These events are important for fostering intergenerational engagement that play such a big role in the positive mental health of our residents. We are looking forward to welcoming the students back for more volunteering at the home."

Cramond Residence, launched in 2018, has provided small-group living for up to 74 residents in nine luxuriously-appointed accommodation with the highest quality of care. The highly-trained team organises exciting activities and excursions for their residents and offer specialised and individually tailored care in <u>respite</u>, <u>recuperation</u> and <u>dementiacare</u> provision.

The care and support provided is based on a detailed personal

care plan, which is continually assessed and revised by health care professionals and other experts to ensure that the best possible care is being delivered.

The luxury home will continue to channel its efforts into improving the quality of life for its residents by introducing more innovative workshops and ideas.

https://cramondresidence.co.uk/

