

Terramily offers more than a new skincare regime

Terramily is a range of skincare products exclusively available at Art & Craft Collective. The name comes from the Italian for earth and is a reworking of the word which means so much to the founders – Family.

Having lived in Edinburgh for nine years Justyna Maria Waskiewicz came from Poland originally to work in hospitality. She has now collaborated with her brother Piotr who lives in Tuscany, and together they have developed a range of natural holistic skincare products.

Justyna studied the way cosmetics are formulated for this new business. She explained that she was really curious about what she was applying to her skin always wondering how to improve it. It seemed to her that there was an information overload when investigating. She began her own research into natural skincare but then enrolled for an online course during the pandemic. She is now a Holistic Life and Nutrition Coach and takes a comprehensive approach to making a difference to her clients. So this is more than just skincare.



Justyna of Terramily a range of natural skincare on sale at Art & Craft

She herself is a walking advert for the Terramily way, and

also intends there will be a new line of baby care creams and potions as well as products for expectant mothers since she is a mother of two young children. In September she plans a workshop with some local mothers to help them create products to use on their own babies and children.

Justyna explained that what makes her products different is that they are all toxic free and made from the highest quality ingredients. From small beginnings at her kitchen table, the products have always been made with natural organic ingredients as well as one which is nature identical but synthesised in a lab. The reason for this is one of sustainability as the product was originally extracted from a comfrey plant, but it became more important to protect the plant.

The night skincare routine is built on a holistic approach, using the Terramily specially developed double cleansing method which promises the user deeply cleansed and nourished skin. The first cleanser is oil based removing one kind of impurities and the other is powder based which cleanses water based impurities.

The Terramily promise is that as well as the products, the routine of cleansing and replenishing is an effective way to nourish the skin overnight without disrupting the skin's natural lipid barrier.



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There are several products in the range but one stands out – the Lipid Barrier Replenishing Face Oil. All of the products are easy to use, but this is simply applied to damp cleansed skin and left on overnight to work its magic. Terramily encourage clients to think mindfully and introduce a new habit each evening. The hope is that by cleansing their faces they will remove the day's stress as well as actual dirt and grime – a kind of spa for the mind as well as the skin.

Packaging used is also sustainable and the glass bottles can be handed back to the Art & Craft Collective to be reused.

Justyna has now moved away from her kitchen table but is still in the driving seat and in control of the manufacturing. It takes her about six hours to make a batch of one of the Terramily products in their range.

Linsay Given Black who owns Art & Craft Collective is delighted to have Terramily for sale on their shelves – the

first time they have sold a skincare range. She said: "These products are fantastic. She has gone from training herself all about it to a full product range. I am just so pleased to help another woman in business."

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<h3>Lipid Barrier Replenishing Face Oil</h3> <p>A luxurious blend of cold pressed oils and plant extracts which replenishes and renews the skin's lipid barrier while you sleep. It protects the epidermis and deeper skin layers against water loss.</p> <p>How to use: Apply face oil on damp skin that is either freshly washed or misted. Gently massage 2-4 drops of face oil onto moist skin and pat with fingertips until the oil is fully absorbed. Avoid the eye area. Should any oil reach your eye, splash generously with lukewarm water.</p> <p>Shelf life: Use within six months of purchase. Keep the bottle tightly closed when not in use. Store in a cool and dry place away from heat and direct sunlight.</p> <p>Ingredients: Squalane, Plukenetia volubilis (Sacha Inchi) seed oil*, Ribes nigrum (Blackcurrant) seed oil, Nigella sativa (Black Cumin) seed oil*, Punica granatum (Pomegranate) seed oil*, Rosa canina (Rosehip) seed extract*, Tocopherol (Vitamin E), Avena sativa kernel (Oat) extract*, Bisabolol, Lecithin, Helianthus annuus (Sunflower) seed oil*, Rosmarinus officinalis (Rosemary) leaf extract*.</p> <p>* ORGANIC Ingredients Fragrance and Essential Oil Free</p> <p>FOR ALL SKIN TYPES</p> 	<h3>Seed Complex Cleansing Oil (Oil to Milk)</h3> <p>A unique lightweight formula which effectively removes make-up, the impurities caused by everyday life and excess oil without clogging the pores, leaving skin clean and smooth. The Seed Complex contains a precisely balanced blend of organic camellia, jojoba and pumpkin seed oils which nourish and regenerate the skin while cleansing.</p> <p>How to use: Shake well before use. Apply 2 - 4 pumps to your palms and massage onto dry skin for 1-2 minutes to dissolve make-up and/or impurities using upward circular motions. Splash warm water onto the face to create a cleansing milk and continue to massage. Rinse thoroughly and gently remove any excess oil with the warm damp muslin cloth.</p> <p>Shelf life: Use within six months of purchase. Keep the bottle tightly closed when not in use. Store in a cool and dry place away from heat and direct sunlight.</p> <p>FOR NORMAL, COMBINATION, OILY AND SENSITIVE SKIN</p> 
<h3>Deeply Nourishing Cleansing Balm (Balm to Milk)</h3> <p>Naturally rich balm which effortlessly dissolves all types of make-up, daily build-up and impurities leaving skin deeply nourished, clean and soft.</p> <p>How to use: Scoop a bean-sized amount of balm onto the palm and warm it by rubbing the hands until it melts. Massage onto dry skin for a 1-2 minutes to dissolve make-up and/or impurities using upward circular motions. Splash warm water onto the face to create a cleansing milk and continue to massage. Rinse thoroughly then gently remove any excess oil with the warm damp muslin cloth.</p> <p>Shelf life: Use within six months of purchase. Keep the jar tightly closed when not in use. Do not place wet fingers into the cleansing balm. Store in a cool and dry place away from heat and direct sunlight.</p> <p>Ingredients: Mangifera indica (Mango) seed butter*, Cocos nucifera (Coconut) oil*, Polyglyceryl-4 oleate, Ricinus communis (Castor) seed oil*, Helianthus annuus (Sunflower) seed oil*, Theobroma cacao (Cacao) seed butter*, Dunaliella salina (Carrot) extract, Euphorbia cerifera (Candelilla) cera, Tocopherol (Vitamin E), Hippophae rhamnoides (Sea Buckthorn) fruit extract*, Rosmarinus officinalis (Rosemary) leaf extract*.</p> <p>* ORGANIC Ingredients Fragrance and Essential Oil Free</p> <p>FOR NORMAL, DRY, MATURE AND SENSITIVE SKIN</p> 	<h3>Purifying Clay Cleansing Powder (Powder to Foam)</h3> <p>Gently removes dead skin cells and deeply cleanses pores without compromising the skin's natural protective layer.</p> <p>How to use: Splash the face with lukewarm water. Dampen hands and add a level teaspoon of the cleansing powder to your palm. To activate the powder, gradually add a couple of drops of water and rub your hands together until a silky lather develops. Gently massage onto your moistened skin using upward circular motions avoiding the eye area. Rinse with lukewarm water and pat dry. It can be used once a day or for extra gentle exfoliating whenever needed. If any lather reaches your eyes, splash generously with lukewarm water.</p> <p>Shelf life: Use within six months of purchase. Keep the bottle tightly closed when not in use. Do not place wet fingers into the cleansing powder. Store in a cool and dry place away from heat and direct sunlight.</p> <p>FOR NORMAL, COMBINATION, OILY AND SENSITIVE SKIN</p> 
	<h3>Gentle Baobab Cleansing Powder + Mask (2in1)</h3> <p>This unique blend of nutrients and antioxidants very gently cleanses all impurities without leaving your skin dry or irritated.</p> <p>How to use: Splash the face with lukewarm water. Dampen hands and add a level teaspoon of the cleansing powder to your palm. To activate the powder, gradually add a couple of drops of water and rub your hands together until a silky lather develops. Gently massage onto your moistened skin using upward circular motions avoiding the eye area. Rinse with lukewarm water and pat dry. It can be used more than once a day whenever needed. If any lather reaches your eyes, splash generously with lukewarm water.</p> <p>Click on the QR code to discover how to use the powder as a face mask and much more.</p> <p>Shelf life: Use within six months of purchase. Keep the bottle tightly closed when not in use. Do not place wet fingers into the cleansing powder. Store in a cool and dry place away from heat and direct sunlight.</p> <p>FOR NORMAL, DRY, MATURE AND SENSITIVE SKIN</p> 



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