

Age Scotland offers social security training

Age Scotland is offering free social security training workshops for older people in the Lothians.

The two-hour online workshops, funded by the Yorkshire Building Society, offer an accessible guide to social security for those over state pension age and their carers, providing understanding of the support available and how best to go about accessing it.

With upcoming dates available throughout May and June, Age Scotland is encouraging Lothians residents to sign up now.

Age Scotland's Information and Project Development Manager, Heather Smith, said: "Too often, sources of financial support such as Council Tax Reduction and Pension Credit go vastly underclaimed when they could be making a real difference to the lives of older people on low incomes.

"It's so important to raise awareness and encourage further uptake of this support. Our free workshops cover the most relevant social security payments for older people, as well as considering why some may feel reluctant to take steps to unlock their entitlements in the first instance and how we might be able to break down those barriers.

"We're delighted to offer our training to older people and their carers in the Lothians and hope it will make a real difference, helping them feel better prepared when it comes to handling social security entitlements and confident that they're not missing out on support."

Unlock your entitlements

Free online benefits workshops

