

Mana Poke pop up in Leith

Tired of your hoose? You're welcome at the Mana Poke pop-up shop in Leith for your dose of healthy food and a good chat.

Poké bowls (pronounced poh-kay) are a traditional Hawaiian dish of cubed, marinated fish, tossed in your choice of classic, tangy, citrusy or spicy sauce, served over a bed of rice and topped with an array of fresh veg, pickles & salsas. You can boost your bowl with extras such as avocado, kimchi, furikake and nuts. Gluten-free and veggie options available.

"We only use sustainable, sashimi grade raw fish, premium rice and the freshest produce in our bowls and sauces – all made in house.

"Choose one of our house bowls or build your own – gluten-free and veggie options available (please see our full menu for more information)."

Sit in or collection only.

Under the Arch, 99 Leith Walk, EH7 8NP

16 October – 29 November 2020 from 11-4pm

<https://www.manapoke.co.uk/>

[@ManaPokeBowls](#)

<https://www.instagram.com/manapokebowls/?hl=en>