

Coronavirus – First Minister announces Scotland now moving into Phase 3 and out of Lockdown

The First Minister, Nicola Sturgeon, announced the relaxation of Covid-19 measures and Scotland is now moving towards Phase 3 on the route map out of lockdown in Holyrood today.

This means that while the virus has not gone away, it has been suppressed, the R rate is consistently low and there is a further sustained decline in infectious cases.

The entire guidance is included in the document embedded below but these are the important dates for the next week or so.

[su_spoiler class="my-custom-spoiler" title="Friday 10 July 2020"]Mandatory face coverings in shops

OUTDOORS a household can meet up to 4 other households at a time up to 15 people in total

INDOORS a household can meet up to 2 other households at a time – up to 8 people in total. This includes overnight stays. A house can meet up to 4 other households per day in total.

The limit on the number of other households you can meet per day (indoors or outdoors) does not apply to young people who are under 18.

Children aged 11 or under no longer need to physically distance indoors.

Young people aged 12-17 must continue to physically distance.

Extended Households: All non cohabiting partners (and any children under 18 in the household) can form extended households without physical distancing. [/su_spoiler]

[su_spoiler class="my-custom-spoiler" title="Monday 13 July 2020"]Non-essential shops inside shopping centres can re-open (following guidance and with physical distancing).

All dental practices may begin to see registered patients for non-aerosol routine care.

Urgent care centres will continue to provide aerosol generating procedures.

Organised outdoor contact sports, play and physical activity can resume for children and young people under 18 (subject to guidance).

Face-to-face youth work can resume outdoors (following relevant guidance). [/su_spoiler]

[su_spoiler class="my-custom-spoiler" title="Wednesday 15 July 2020"]Places of worship can re-open for congregational services, communal prayer and contemplation with physical distancing and limited numbers.

Museums, galleries, monuments, libraries, various other visitor attractions, cinemas (including drive-ins and venues screening films) – with physical distancing and other measures (e.g. ticketing in advance).

Hairdressers and barbers can re-open – with enhanced hygiene measures. All childcare providers can open subject to individual provider arrangements.

Indoor hospitality can reopen (subject to physical distancing rules and guidance).

All holiday accommodation permitted (following relevant guidance).

Easing of restrictions on attendance at funerals, marriage ceremonies and civil partnership registrations with physical distancing (limited numbers).

Associated receptions are subject to restrictions on hospitality and household meetings.[/su_spoiler]

[su_spoiler class="my-custom-spoiler" title="Wednesday 22 July 2020"]Universities and colleges – Phased return to on campus learning as part of a blended model with remote teaching.

Public health measures (including physical distancing) in place.

Other personal retail services such as beauticians and tailors can re-open – with enhanced hygiene measures.

Motorcycle instruction and theory/hazard tests can resume.

Tractor driver instruction can resume.[/su_spoiler]



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[su_spoiler class="my-custom-spoiler" title="What does FACTS mean?"]

Face coverings in enclosed spaces ☐

Avoid crowded places ☐

Clean hands and surfaces regularly ☐

Two metre distancing; and ☐

Self-isolate and book a test if you have symptoms. ☐

[/su_spoiler]