Edinburgh news live — week beginning 22 June 2020

This week is perhaps the beginning of a real move to put the restrictions of the last few months behind us.

From today you have to wear a mask on all public transport, but not yet in shops.

Some of the rules about going to visit family and creating an extended group with others make life a bit complicated. We would be delighted to hear from you how you are organising yourselves and how you are coping.