## Don't ditch the New Year resolutions just yet

## Edinburgh Leisure want you to keep up those resolutions – and offer you membership for 7 Days for £7.

If you feel you have over-indulged just a bit then take advantage of Edinburgh Leisure's offering of a 7-day fitness pass for only £7, giving their customers all the benefits of the 'Full Fitness' membership.

With 14 gyms, 9 swimming pools and over 800+ fitness classes per week, customers can take advantage of all the benefits of Edinburgh Leisure's 'Full Fitness membership at the biggest club in town.

Edinburgh Leisure's gyms feature some of the latest equipment with instructors who are happy to show customers 'the ropes' and how to use the equipment; have a range of swimming pools from five historic 'baths' to the famous Olympic-sized Royal Commonwealth Pool, plus a selection of saunas and steam rooms.

Their range of fitness classes have something for everyone, no matter what your fitness level is, including gym, water-based and virtual sessions, meaning you can work out at a time that suits you.

The 7 Days for £7 pass is available to buy online only from Sunday 23 February until Saturday 29 February.

Terms and conditions apply.

For further information: www.edinburghleisure.co.uk/passes/7-days-for-7-p ounds

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