## Local artist joins Edinburgh care home for the world's largest drawing festival

Down to a fine art — residents at a care home in Edinburgh picked up their pencils recently and welcomed local artist Jennifer Thomson for The Big Draw Festival 2019.

Care UK's Murrayside, at South Beechwood, joined in the celebrations by creating works of art around this year's theme 'drawn to life'. As well as leading a drawing class for residents, Jennifer also unveiled a special work of art entitled "Edinburgh Zoo Queue". In memory of her late father, the print has been donated to Murrayside, and will now be displayed in the home for visitors and residents alike to enjoy.

Launched in 2000 as part of the 'Campaign for Drawing', The Big Draw promotes drawing as a tool for learning, expression and invention, and has encouraged over four million people to get arty since its inception. This year's theme celebrates the benefits of creative activities, especially drawing, on health and wellbeing. 2019 also marks the bicentenary of John Ruskin's birth, founder of the Guild of St George, the charitable education trust behind the initiative.

Michelle Reid, home manager at Murrayside, said, "Here at Murrayside, we firmly believe that activity-based care is essential in supporting residents to lead fulfilling lives, so The Big Draw is a fantastic initiative for us to get involved with.



Artist Jennifer Goodwin (far left) with her donated painting with the staff and residents of Murrayside

"Drawing is an accessible activity that people of all ages can enjoy together, so we were delighted to welcome Jennifer Thomson back to Murrayside to join us for the occasion.

"Art has proven benefits for older people, by offering the chance to tap into happy memories and an alternative way to communicate emotions and thoughts, which Jennifer's masterclass certainly demonstrated!

Michelle Reid

Michelle added, "Everyone had a wonderful day, and we are proud to be displaying Jennifer's print in our home for everyone to see."