

Scottish Paraclimbing Club

The Scottish Paraclimbing Club is the first of its kind in the UK providing opportunities for those with additional support needs and disabilities to get involved in climbing and progress in the sport.



Oh, that's high....

The club was developed by GB Paraclimber Keith Lynch to create a paraclimbing community based out of Edinburgh International Climbing Arena at Ratho.



Club founder Keith Lynch

The club meets on a Thursday evening from 7pm and is supported by a network of volunteers and qualified climbing coaches who are on hand to provide assistance to its members in and around the climbing activities.

The club runs a free 'Come and Try Paraclimbing' session for those interested in joining. If you are interested in coming along to this, you must first contact the club directly to ensure that we are able to cater for the climber's needs and that there are volunteers available to support the climbers participation.

Through these sessions the club will also speak with any parents/guardians or carers to advise on how the club operates and any requirements for them to support or be involved in the sessions if there is an interest in joining.



Experienced help is always on hand

Anyone interested in joining, and would like more information,

please email us: scottishparaclimbingclub@gmail.com

You can also check our Facebook and Instagram pages
@Scottishparaclimbingclub

Check out our promo video and what we do here:-