

Mark celebrates a decade of fundraising for Help for Heroes

Mark Barclay from Edinburgh has been fundraising for Help for Heroes for ten years and is on target to reach £50,000 by undertaking challenges including the Great Scottish Run which he completed today.

Mark (55) finished the 13 mile run in 2 hours and 21 minutes. He was inspired to raise funds for the charity which helps wounded, injured, and recovering Service Personnel after meeting veterans while working in military affiliated business organisations across the UK.



Mark said after the race : “I can’t thank our various supporters enough, their generosity continues to astound us. That’s another Glasgow Half Marathon behind us and, more importantly, another £3500 raised for Help for Heroes. Now it’s time for a few beers, regroup, sort the aches and pains - then do it all again next year for our military heroes.

“It is not just about what you see in terms of physical injuries, there are many Veterans who have unseen debilitating mental difficulties, and the money raised on behalf of Help for Heroes will go towards helping those in need. Ten years on and we’re still as motivated to do whatever we can to keep this ongoing situation in the public spotlight, it’s the least we can do.”

Mark was accompanied on the run by his son-in-law Adam, daughter Gemma and her boyfriend Jamie.

