

# Get dancing with Edinburgh Leisure

## Get dancing – Edinburgh Leisure offering free pre-school and junior dance class tasters

Edinburgh Leisure, a charity dedicated to creating opportunities for everyone to lead more active, healthy lives, is offering free pre-school and junior dance class tasters this autumn

Dance-Mix, a new dance class designed to provide a variety of styles, from ballet to jazz to hip-hop, will introduce children to a range of fundamental techniques in a friendly and exciting atmosphere. And as well as having fun and making friends, participating in dance can improve coordination and fitness, and boost children's confidence.

The Dance-Mix sessions will run on Friday afternoons for four weeks on 20th, 27th September, and 4th and 11th October and are free. If enough interest is shown, it is hoped that they will be timetabled permanently after the October break.

Dance-Mix 13.00 – 13.30 Pre-School (3yrs+)

Dance-Mix 13.35 – 14.20 P1 – P3

Dance-Mix 14.25 – 15.10 P4 – P7

To book one of the new Dance-Mix classes contact Drumbrae Leisure Centre on 0131 312 7957. Children can attend for one, two, three or the full four weeks.

For more information: [www.edinburghleisure.co.uk](http://www.edinburghleisure.co.uk)



Please byline / credit  
Photograph by Phil Wilkinson  
07740444373  
[www.philwilkinson.net](http://www.philwilkinson.net)  
EDINBURGH LEISURE  
CHILDRENS ACTIVITIES  
HOLIDAY CLUB PHOTOSHOOT.  
APRIL 2017