Ramp up your fitness in time for Christmas with Edinburgh Leisure's new membership

With

festival fever officially finishing today, Edinburgh Leisure has unveiled their

new membership offer, designed to help thousands of new customers try activities and get more active this autumn, just in time for Christmas.

With recent research highlighting the dangers of inactivity, Edinburgh Leisure is offering new members joining from today, 26 August until 30 September 2019, a free month in October. Existing members who refer a friend, (and who then joins), will receive £30 cash back (terms and conditions apply).

With

30+ venues including 9 swimming pools, 14 gyms and 800 fitness classes per

week, Edinburgh Leisure is the 'biggest club in town' providing the widest

range of fitness classes, state of the art facilities and community based

programmes across the capital, creating opportunities for everyone to get

active, stay active and achieve more.

With

adult memberships starting from as little as £31.00, there is

a range of packages, including swim, fitness, gym and climbing.

Edinburgh

Leisure gyms have the latest state of the art equipment including some of the

newest cardiovascular machines; offer over 800 fitness classes per week

including Les Mills Programmes; and has five modernised Victorian pools and the

Royal Commonwealth Pool in their portfolio, although Leith Victoria pool is

currently undergoing a phased refurbishment. They also boast Edinburgh

International Climbing Centre at Ratho, the largest indoor climbing arena in Europe.

To get inspired with hundreds of ways to get active, visit www.edinburghleisure.co.uk, like Edinburgh Leisure on Facebook (www.facebook.com/EdinburghLeisure/) or follow @Ed_Leisure on Twitter.