

Hockey – Guy teams up with ESM for this season

David Guy is the new men's hockey coach for ESM and he will also play for the club and helping out with under-16 matches.

He started his career with Inverleith as a five-year-old before joining MIM/Cala and then Grange and David won youth and senior trophies with all three clubs.

David has also played international hockey at several age-groups and he has coaching experience with East under-15 boys, leading them to three consecutive titles before taking over the under-16s where a further two titles were added.

He is now a fitness coach and specialises in fitness and lifestyle coaching for young athletes. He also runs hockey/fitness camps for senior school players.

New players of all abilities are always welcome and men's training is on Thursdays from 7 to 9pm at East Fettes Avenue.