

Join Walk Together to raise awareness of bowel cancer

Bowel cancer is the third most common cancer in Scotland. Every year more than 3,700 people are diagnosed with bowel cancer in the country and around 1,600 people die from the disease.

Bowel Cancer UK invite you to join them in a five mile walk this September to show your support for those undergoing treatment for the disease, remember loved ones and help stop people dying from bowel cancer.

On Sunday 1 September they are holding our annual Walk Together event in the heart of Edinburgh, walking a picturesque route along the Water of Leith and the Royal Botanic Garden.

If you can't make the date, you can organise your own Walk Together event somewhere special in your local area. It's easy to do and the charity's team will be there to support you every step of the way.

One of their supporters, Louise walked with them in Scotland to remember her dad:

"Walk Together was a positive and important thing for us to do only months after being devastated by the loss of my Dad. The

surroundings, people and atmosphere helped to make the day special. We were very keen to raise money in Dad's memory, for research into this awful disease."

Sign up today, visit bowelcanceruk.org.uk/walktogether

