

Hours of fun in store for the under 5s at Edinburgh Leisure taster event

Edinburgh Leisure is hosting a half-day, free taster event for the under fives on Saturday 3 August 2019 at the Royal Commonwealth Pool, promoting the classes they have for pre-schoolers.

Experts agree the best way to help kids enjoy healthy, active lives is to start as you mean to go on. And at Edinburgh Leisure, there are lots of activities that wee ones, and their parents, can enjoy starting from birth through to 5 years old.

While the focus will mainly be on swim coaching, there will also be an opportunity to find out about other under 5s coaching for mini-kickers, mini-scrummers, dance, soft play and birthday parties. There will be 25-minute taster sessions to try and while it's possible to try just one or a variety, booking in advance is recommended.

Book at: www.edinburghleisure.co.uk/under5sopenday

There'll be lots more on offer, including information on paediatric first aid, fun activity stalls and messy play.



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Parents signing their child up to join a coaching programme on the day will be entered into a prize draw to win a free Soft Play month pass, while parents signing up for a gym, class, or fitness membership, between 9.00-12.00hrs on the day, will not have to pay the normal joining fee.

And it's not just the wee ones who get to have fun and take part. Parents can come and find out about 'why wait', Edinburgh Leisure's special offer that gives parents the opportunity to get active in the gym or pool for just £3.90 or £3.10 respectively, whilst their children are being amused.

To book your space, contact:

Royal Commonwealth Pool

0131 667 7211

info.rcp@edinburghleisure.co.uk

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