

Go on an adventure with Lidl

The National Trust for Scotland and supermarket chain Lidl have teamed up to get families exploring Scotland and enjoying its national and natural treasures this summer.

The teams at the Trust and Lidl have put their heads together to create the Lidl Book of Big Adventures series – a seasonal booklet that's full of ideas for spending fun family time together in Scotland.

The first ever edition launched this week, just as the Scottish school holidays get underway and families are making their summer plans.

Copies are available to pick up at the Trust's Georgian House in Charlotte Square and at Gladstone's Land, as well as Newhailes House, Musselburgh and Preston Mill in East Linton. You can also pick it up at dozens of other Trust places across Scotland and all Scottish Lidl stores.



Lidl Book of Big Adventures at Culzean Castle, Maybole, South Ayrshire. Picture by Stewart Attwood

Issued seasonally, the Lidl Book of Big Adventures has ideas for how the Trust's places, events and experts can combine with the products offered by Lidl to add up to great family activities.

Activities featured in the Summer booklet include inspiration for perfect picnics, a wildlife spotting game and a guide to growing greenery for wee gardeners.

Children can collect stickers from Trust places as they tick off the big adventures that they complete.

Ross Millar, Regional Director at Lidl comments: "We know how valuable spending time together as a family is. It's for this reason that we have created the Lidl Book of Big Adventures series which is full of ideas for spending fun family time together and supports our customers in leading healthy and active lifestyles. We hope that people have trolley loads of fun exploring the Scottish landmarks this summer."

Mark Bishop, Director of Customer & Cause for the National Trust for Scotland said: "From castles to coastlines, art to architecture, wildlife to wilderness, there is so much to explore and enjoy across Scotland. We're looking forward to welcoming families on their travels to our beautiful places, as they spend time together experiencing what they love about Scotland."

For information visit, www.nts.org.uk/lidl