

# Edinburgh Festival Fringe 2019 – Heroes

Heroes take flight at the Edinburgh Fringe – aerial dance theatre and circus

*All or Nothing Aerial Dance Theatre and Room 2 Manoeuvre are bringing their new show, Heroes, to the Edinburgh Festival Fringe 2019 from 01 to 26 August (not 12 August).*

[All or Nothing Aerial Dance Theatre](#) and [Room 2 Manoeuvre](#), two of Scotland's most prolific companies working in the world of physical performance, have teamed up for the Edinburgh Festival Fringe 2019 to perform Heroes, their new light hearted show for all the family that delves into the world of superheroes and beyond. Heroes, featuring a stunning fusion of breathtaking aerial acrobatics, dance theatre, contemporary circus and visceral choreography, will be staged at 15.00 (16.00) at [Udderbelly, George Square \(venue 300\)](#) from 01 to 26 August 2019 (not 12 August).

In their quirky circus universe, two performers (and their miniature sidekicks) explore what it means to be a hero. The dynamic duo tackle the darker side of life in the spotlight and the pressures of being a role model with a never-ending list of enemies. Are we blinded by celebrity? Or are the ordinary people living extraordinary lives our true heroes?



Families assemble – don't miss this clever caper told through aerial dance theatre and contemporary circus. Heroes is choreographed and directed by Tony Mills (Room 2

Manoeuvre) and Jennifer Paterson (All or Nothing Aerial Dance Theatre) and performed by Beverley Grant and Tony Mills.

Audience members of all ages are encouraged to dress as their favourite superhero!

[Heroes at the Edinburgh Fringe 2019](#) from [All or Nothing Aerial](#) on [Vimeo](#).