

# **Volunteers Week – a chance to thank the volunteers**

**Chest Heart & Stroke Scotland is celebrating Volunteers' Week (1 – 7<sup>h</sup> June) by thanking their volunteers for the huge difference that they make to people's lives.**

The charity's volunteers across Scotland contribute over 131,700 hours each year and have made an annual contribution to the economy of over £1.2million.

More importantly their volunteers are helping people living with chest, heart and stroke conditions to do more than survive; they're helping them really live.

The charity relies on its volunteers to help deliver its vital services, assist in running its shops and fundraising events and provide support in their offices. In Lothian the charity explained that 33,177 hours were volunteered which equates to £308,012 of gross economic benefit.

**Jane-Claire Judson, Chief Executive, Chest Heart & Stroke Scotland, said :**“Our volunteers are absolutely vital to the work that we do and we want to say a big thank you to them for the difference they are making.

“Without our volunteers we simply could not support as many people to get their lives back after a stroke or diagnosis of a chest or heart condition.

“Volunteers' Week is a great time to celebrate their hard work and share our thanks and appreciation for our volunteers. We are so grateful for the work that they do every day of the

year; they really are making a huge difference to people's lives."

If you're interested in volunteering with Chest Heart & Stroke Scotland and want to find out more [click here](#)



"You can help me get my kids back"

Derek Stewart  
Stroke Survivor

"My stroke robbed me of everything – my voice, my independence and my kids. With your help I can get them back."

Find out more