

The Kimpton Charlotte Square Hotel invite you to a VOGA class in the gardens

True to its ethos that heartfelt human connections make people's lives better, and inspired by a renewed interest in the 80s world of 'Voguing', boutique luxury hotel Kimpton Charlotte Square has partnered with [House of VOGA](#) to offer an exclusive VOGA class in Charlotte Square gardens followed by a healthy social hour in the hotel on Thursday, 4th July 2019 at 5:30pm.

Tickets cost £20 and include an hour of high-energy VOGA performed to a live DJ set of 80's classic beats in the stunning surroundings, followed by refreshments in true Kimpton style at social hour, a daily gathering for guests to connect and relax together at the end of the day. Prefer to stretch in private? Kimpton also provides yoga mats free of charge in rooms at all hotels.



Pictured: Boutique luxury hotel brand Kimpton® Hotels & Restaurants has partnered with Instagram-sensation House of VOGA to offer VOGA classes rounded off with a healthy social hour at Kimpton hotels across the UK & The Netherlands. The partnership reflects Kimpton's love to create one-of-a-kind experiences designed to bring people together and foster genuine, heartfelt human connections.

Offering attendees a unique twist on traditional yoga this July, VOGA is an energetic fusion of yoga and voguing. The brainchild of Juliet Murrell, a successful set designer in the fashion, film and design industry, VOGA is perfect for those who like the idea of yoga but want a cardio workout without losing the holistic benefits and focus. While yoga reduces stress and increases calm and balance; mentally, emotionally and physically, VOGA answers the cardiovascular demand that ensures healthy heart and expressive soul. It's a fabulously fun way to get fit, toned and flexible, burning calories whilst strengthening mind and body.

Johan Scheepers, General Manager, Kimpton Charlotte Square Hotel said, "At Kimpton Charlotte Square Hotel, we love to

create one-of-a-kind experiences with every detail thoughtfully curated so that every guest experience remains meaningful and ridiculously personal – that is why we would love you to join us for an hour of VOGA to re-energise and express your inner diva followed by a selection of carefully curated refreshments.

“Our VOGA event is open to all, whether you’re a yogi, a voguer or just looking for a different kind of workout.”

Juliet Murrell, Founder and Creative Director of House of Voga, commented, “We’re really excited to be partnering the Kimpton Charlotte Square Hotel to take over the beautiful Charlotte Square Gardens. Like Kimpton, at House of Voga we are all about bringing people together and creating one-of-a-kind experiences where people can express themselves and have fun.

“Most people are aware of the amazing health benefits of yoga and its ability to improve blood circulation and detoxify, so the fact that Kimpton have yoga mats in all their rooms makes us smile. VOGA is about getting the endorphins pumping while the music is jumping but it’s also very much about human connection and having a good time. Against the stunning backdrops of the hotel attendees are in for a treat.”

Tickets cost £20. For more information and book your ticket, visit: <https://www.eventbrite.co.uk/o/house-of-voga-20052025459>