

# Photography exhibition at Museum of Edinburgh

A unique exhibition that captures the faces and stories of people who champion the joys of walking in Scotland is running at the Museum of Edinburgh, May 5-12.

The *Humans of the Walk* portrait photography exhibition aims to inspire the nation to fall in love with and to make time for walking in daily life – underlining the benefits that walking brings to the physical, mental and social health of the nation.



Open to the public for free, *Humans of the Walk* has been created by Scotland's walking charity, Paths for All, and an eight-strong group of female photographers from Edinburgh College of Art, CollectiveF8.

Ian Findlay, Chief Executive of Paths for All, said: "The

stories behind the Scots who champion everyday walking are bold – they demonstrate how walking can do so much for our health and wellbeing.”

Paths for All’s focus is clear: it wants to get Scotland walking: everyone, every day, everywhere.

For more information on Humans of the Walk and the competition to win a camera that is running alongside it, please visit: <https://www.pathsforall.org.uk/whats-on/event-details/humans-of-the-walk>