Lighting up Edinburgh for World MS Day #SeeMyMS

Two of Edinburgh's most famous landmarks will light up orange today in support of multiple sclerosis (MS) Society Scotland on World MS Day.

Jenners and Teviot Row House will join a list of buildings and other structures around the country including the Kelpies, SSE Hydro, Titan Clydebank Crane, RRS Discovery, McCaig's Tower and Robert Gordon University in showing support for the fight against the condition which affects over 11,000 people in Scotland.

MS Society Scotland asked for support from private and public buildings to shine a light on MS which, due to common unseen symptoms like pain and fatigue, is often invisible.

The charity are asking supporters of the campaign to get a selfie with the landmarks in their area and share them with the hashtag #SeeMyMS.

Morna Simpkins, director of MS Society Scotland, said: "Scotland has one of the highest rates of MS in the world and we want to draw attention the unseen symptoms of the condition this World MS Day.

"We are delighted to have received support from so many places across the country and hope that people nearby can join us in shining a light on the condition."

MS is a neurological condition which affects the nervous system and can often be painful and exhausting. This year World MS Day is drawing attention to invisible symptoms and the unseen impact MS can have.

Alan Thomlinson, Jenners' Store Manager, said: "Jenners Edinburgh is proud to support MS Society Scotland's campaign this World MS Day.

"MS affects Scotland more than almost any country in the world and we are glad to be playing a part in making people aware."



The Kelpies will be lit up to shine a spotlight on the cause The full list of buildings and structures taking part in the campaign is:

Jenners

Teviot Row House

The Kelpies

SSE Hydro

Titan Clydebank Crane

RRS Discovery

Robert Gordon University

Hamilton Town House

Pullar House Council Headquarters

Airdrie Boulevard of Lights

Glass stairwell at North Lanarkshire Civic Centre Headquarters

Dumfries Council Headquarters

McCaig's Tower

West Lothian Civic Centre

World MS Day is officially marked on 30 May every year, though events and campaigns take place throughout the month of May.

In 2009, the <u>Multiple Sclerosis International Federation</u> (MSIF) and its members, including the MS Society, initiated the first World MS Day. It brings the global MS community together to share stories, raise awareness and campaign with and for everyone affected by multiple sclerosis.

To find out more about MS Society Scotland, click here.