

Hockey – Grassick aims for Great Britain comeback

Chris Grassick, Scotland's hockey captain, has made a significant move in his comeback from a rare, career-threatening injury.

The Edinburgh-born midfielder has been out of action for more than a year with his latest setback, but the former Inverleith field hockey star has now played his first game, an inter-squad training match at Bisham Abbey.

The gifted player admitted he felt the effects but at least he is back on a pitch and the Balerno-raised player has suffered an injury nightmare which has put his glittering career on hold.

The determined Scot, who plays for English club side Surbiton, has battled on with his long rehabilitation even though he knew that there was no guarantee that he would ever play again.

He suffered a rare injury that has put the Great Britain player on the sidelines and halted his international and domestic career.

It was when the 28-year-old was captaining Scotland to their best ever Commonwealth Games placing of sixth in Australia's Gold Coast 2018 that he felt pain.

During the event he found it hard to sprint and the niggling problem refused to go away once he returned to Britain.

Experts found that two of the tendons in his hamstring had

stuck together and they told the ambitious player say this occurs once in every 1,000 cases.

It was a consequence of the surgery the former George Watson's College pupil had undergone following an anterior cruciate ligament tear in 2016.

That injury kept him out of the game for 11 months and wrecked his chances of achieving an ambition to play in the Olympic Games in Rio.

Now, Grassick is buzzing and plans to do everything he can to achieve his Olympic dream.