## Mark Beaumont – tickets available for charity talk on Monday

Record-breaking cyclist Mark Beaumont will share his story of the 10,000km world record ride which he completed in 2015 at a talk on Monday 29 April 2019.

The talk will raise funds for disability charity <u>Christian</u> <u>Blind Mission</u> (CBM) and the <u>Arclight Tandem Africa Project</u>



This expedition involves two boys on a bike cycling from Cairo to Cape Town distributing hundreds of Arclights on the way to health workers. (These are compact solar powered opthalmoscopes and otoscopes.)

Mark set a new world record for cycling the length of Africa, riding from Cairo to Cape Town. He completed the journey in just 41 days, 10 hours and 22 minutes, in spite of illness, mechanical faults, attempted robbery and stone-throwing children, as well as dehydration in the deserts and exhaustion.

In total, Mark spent 439 hours in the saddle. The route took him through 8 countries, including the mountainous roads of Ethiopia, beautiful grasslands of Tanzania and Zambia and riding at night in Botswana in the company of elephants and giraffes.

Tickets cost £15 (£10 students, £5 children) and are available from

www.eventbrite.co.uk/e/an-evening-with-mark-beaumont-tales-ofadventure-from-cairo-to-cape-town-tickets-57080939627



The talk will take place at the Gordon Aikman Theatre on 29 April 2019 at 7.00pm.