Ice hockey – legend Cingel retires

Martin Cingel is hanging up his skates after a near 20-year career.

The Slovakian-born forward has iced for clubs in Edinburgh, Manchester, Dundee and Dumfries.

And the popular player retires at the age of 43.

He said: "My time is up. However, I can't say enough thanks to my wife Ivana, sons Matthew and Mark and my mom.

"Without their support I would never been able to achieve anything."