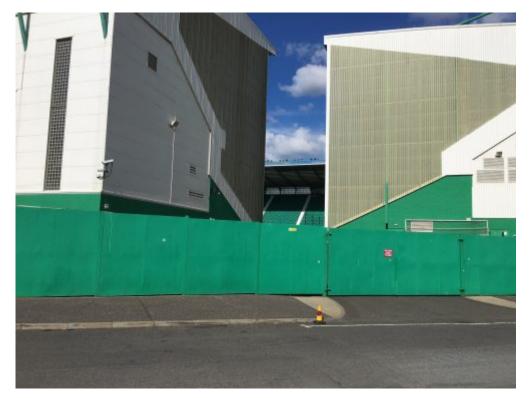
Hibs Football Fans in Training course starts next month



The Hibernian Community Foundation are about to launch the latest batch of Football Fans In Training sessions.

It's a 13-week course — this time aimed at men — to become healthier and more active, training in and around Easter Road Stadium.

The main aims of the programme are to help you feel a bit better about yourself, become more active, lose weight, develop a healthier lifestyle, get a bit fitter, get support and give support!

The programme starts on Tuesday 7 May at 6pm. To book call Karen on 0131 656 7062. Spaces are limited so secure your spot now!