

# **Big Hearts supporting more vulnerable people than ever**

**Big Hearts – the official charity of Heart of Midlothian Football Club – has announced that during the last year it has supported more vulnerable people than ever before.**

The Big Hearts Impact Report for 2018/19 states the well-established charity – which does so much good work in the community – engaged with 2,285 adults and children across 17 programmes of support.

Big Hearts strengthened their already impressive work by initiating nine new projects on identified areas of need including men's mental health, healthy eating and economic support to local families.

This magnificent work is thanks mainly to the fantastic contribution from Big Hearts supporters who completed over 3,700 hours of voluntary work to support 800 vulnerable people across Edinburgh and the Lothians.

Craig Wilson, Big Hearts General Manager said:

“2018 has been a very exciting year for Big Hearts, with new areas of work and more vulnerable people

engaged than ever before. We believe in the power of football to change lives and our first Impact Report demonstrates how the game is a driving force to reach out to the most isolated groups who need our help most.”

“We are excited for the future. Our commitment to reducing social isolation over the next three years remains our main focus. We are looking forward to continuing working as one team with the Club, Hearts fans and local partners to create a positive difference in our community.”



Big Hearts Memories Programme has been a huge success. Big Hearts is a registered charity, aiming to improve the lives of people who are at a higher risk of social isolation across our communities. As the official charity partner of Heart of Midlothian Football Club, Big Hearts uses the power of the Club’s crest to better support and reach out to individuals and families in need. Big Hearts is working closely with local organisations and charity partners in Edinburgh and surrounding areas to

identify local needs

and to develop and deliver targeted programmes of support.

For more information about the wonderful work Big Hearts does and to get involved visit their website [here](#)