

SCO ReConnect – workshop for people living with dementia

A special workshop given by the Scottish Chamber Orchestra will take place on Monday 11 March 2019. This is part of the orchestra's **ReConnect** programme – a series of interactive music workshops for people living with dementia.

Launched in 2013, SCO ReConnect is a programme of interactive music workshops which uses creative music making to enhance wellbeing and social interaction for people living with dementia. Delivered by the Scottish Chamber Orchestra in partnership with the University of Edinburgh and the Royal Edinburgh Hospital, over the last six years SCO ReConnect has taken place in hospital settings.

The workshop will be part of St Cecilia's Hall's Mad Hatter, Grey Matter Festival 2019 (taking place in Brain Awareness Week) which aims to explore creativity and neuroscience.

Dr Jane Bentley and musicians from the Scottish Chamber Orchestra are inviting people living with dementia and their carers to join them in a free workshop at St Cecilia's Hall.



Scottish Chamber Orchestra at Royal Edinburgh Hospital, Canaan Ward.

photographer

Fraser Band

07984 163 256

www.fraserband.co.uk

In the first SCO ReConnect workshop to take place outside a hospital setting, musicians Alison Green (SCO Bassoon) and Su-a Lee (SCO Cello) will join community music specialist Dr Jane Bentley to lead the public workshop at St Cecilia's Hall on Monday 11 March 2019.

Open to anyone living with or affected by dementia in the community, the workshop will invite and support participants to sing, play instruments, improvise and listen. No musical expertise or experience is required to take part.