Mother's Day nanny at your table

An Edinburgh hotel promises to help new families celebrate Mother's Day without a cold meal in sight.

Apex Hotels offer a designated Nanny across its Edinburgh hotels on Sunday, March 31.

Families can enjoy either a two- or three-course meal, free glass of fizz for mum and an Apex Nanny at the table to see to the baby of the group.

This will, according to the hotel, allow both parents to enjoy their meal together.

Angela Vickers, the group's chief executive, said: "We appreciate the significance of Mother's Day and this is our way of letting mums and dads celebrate a family occasion with their little ones whilst not having to worry about their meals getting cold."

Packages are only available to book over the phone, with a limited number of tables available at each hotel.

To book the Hands Free Mother's Day call 0800 049 8000 or email reservations@apexhotels.co.uk